

POST SHORTS

Recycling schedule



The recycling scheduled pickup for Wednesday, June 16, is plastic, glass and metal. Put items in blue bags and place them on the curb.

Army birthday ceremony postponed

The Army birthday ceremony originally scheduled for June 11 is postponed and tentatively rescheduled for June 21.

More updated information will be posted on APG Cable Channel 21 and in the next edition of APG News.

The "social" hour sponsored by Bank One and Aberdeen Proving Ground Federal Credit Union, originally scheduled to follow the ceremony, is tentatively rescheduled for June 18, 4 to 8 p.m. in the Gunpowder Lounge at Top of the Bay.

For more information, call 410-278-3062.

Change to gate operations this weekend

In view of President Bush's designation of June 4 as a National Day of Mourning, federal activities and agencies will be closed. As such, APG gates will operate on the holiday schedule.

The Harford Gate (Route 22) in the Aberdeen Area and the Wise Road Gate in the Edgewood Area will close at 8 p.m., June 10 and reopen for normal activity at 4 a.m., June 14.

Austin Road detour tomorrow

From 7 a.m. to 5 p.m. tomorrow, there will be a detour on Austin Road near building E-4430 for steam line repair work. The detour will be on Miles Road and Gannon Road.

For more information, call Buzz Soltis, 410-306-1161.

Meet Montgomery Gentry

MWR is hosting an essay contest to win two tickets to the July 17 Montgomery Gentry concert and a "Meet and Greet" with band members. For more information, see page 7.

AA community yard sale today

The Aberdeen Area of Aberdeen Proving Ground will hold its community yard sale 8 a.m. to 4 p.m., today and tomorrow. Rain date will be July 17 and 18.

Participating housing areas include Patriot Village, Mobile Home

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Veteran's Voices

APG remembers fallen heroes

Small town proudly wears patriotism on its sleeve

Story and photos by Marguerite Towson
APG News

The rain may have dampened holiday cookout plans, but it failed to dampen the spirit and celebration of the Memorial Day Service at Perryville American Legion Susquehanna Post 135 May 31.

Garrison and deputy installation commander Col. Mardi U. Mark was the guest speaker at the ceremony and was accompanied by Command Sgt. Maj. Elvis Irby.

The service was preceded by a symbolic placement of the MIA-POW insignia draped upon an empty chair in front of the head table.

Following the posting of the colors by the color guard, the Perryville High School Band played the national anthem. The band and the Perryville High School choir also performed other selections, including a medley of anthems from each of the armed services.

Post Commander Charles Thomas thanked the band and the choir for performing at the service.

Post Chaplain James M. Tompkins addressed the crowded legion hall, reading

from a poem entitled "The Garden of Stone," written by Margaret A. Brennan.

Brennan wrote the poem for her father and brother who died while in service, and dedicated it to all the men and women who served in the armed forces.

Thomas introduced the guests at the head table which included Thomas Deal, commander of the Sons of the American Legion; Cyndie McMullen, president of the ladies auxiliary; Tompkins, Mark and Irby.

"Once again our nation has the chance to honor its heroic dead," Thomas said. "Under the quiet sod or beneath the murmuring waves, their bodies sleep in peace. But in the destinies of veterans, their souls go marching on. Because of them, our lives are free and because of them our nation lives."

"When we recall the things they did, the hero hosts seem mighty in our midst," he said.

"When peril threatened, and their country called, with what divine self-sacrifice they left their paths of peace to spring to arms, to make their breasts a barricade against the

See LEGION, page 13



Miss Poppy, Mirikole Street sells a poppy to Rowland Anderson of Perryville in honor of Memorial Day at Perryville American Legion Post 135 May 31.

Veterans remembered in Edgewood ceremony

Story and photo by Meghan Bowen
APG News

Veterans stood front and center at American Legion Post 17 in Edgewood as members of Aberdeen Proving Ground helped honor fallen Soldiers at the Memorial Day Tribute and Wreath Laying Ceremony May 31.

"Last night, on 60 Minutes, they showed pictures of those Soldiers who have fallen in Iraq," said Maj Gen. John C. Doesburg, commander of APG and the U.S. Army Research, Development and Engineering Command, during his speech held inside at the American Legion hall.

"There were several who I recalled. It brought back the

true meaning of today, a day to remember" he said.

Despite the rain, Soldiers of the 143rd Ordnance Battalion stood outside the open entrance of the hall and fired a salute followed by 389th Army Band (AMC's Own) bugler, Chief Warrant Officer 4 Robert L. Larsen, playing "Taps."

The 389th Army Band (AMC's Own) also played the national anthem and the Service Medley, which veteran members of the Coast Guard, Air Force, Navy, Marine and Army sang along with their branch song.

Retired Air Force Sgt. Ret. Jim Travers Jr. commented on the ceremony.

"You can't beat it," Travers said. "Everyone comes together to remember

those who paid the supreme price."

Women from the Corpus Christi Ladies, Veterans of Foreign Wars and American Legion Auxiliaries laid three flower wreaths in front of the crowd of veterans to remember the fallen.

After the ceremony, retired Staff Sgt. Timothy J. Baird, a Past Grand Knight for the Knights of Columbus Corpus Christi Council 6188, presented a plaque to Doesburg and honorary citations to members of the 389th Army Band (AMC's Own), 143rd Ordnance Battalion Firing Squad, and others who participated in the ceremony.

Baird commented on how the younger generation can pay tribute to veterans on Memorial Day.

"They can take part by actively participating in Memorial Day ceremonies and by supporting local veteran organizations," said Baird.

Members of Boy Scout Troop 1234 and Cub Scout Pack 161 represented local youth at the ceremony and also received citations for their participation.

Doesburg put the Soldier's human spirit into perspective with their dedication to protecting the U.S.

"Remember those who did not want or desire to give their lives, but did for their obligation to this country," Doesburg said.

Veterans and Memorial Day participants shared the same message: "Never forget."



Patricia Gullion, Legion Auxiliary, positions a wreath commemorating fallen Soldiers at the Edgewood Area Memorial Day ceremony at American Legion Service Post 17 May 31.

Army develops policy to address acts of sexual assault

Sgt. 1st Class Marcia Triggs
Army News Service

The Army is developing a policy that will reemphasize that all offenses of sexual assault must be reported to the Criminal Investigation Command, officials have announced.

A task force spent 90 days conducting a detailed review of the Army's current policies and programs on sexual assault. One of the findings was that while all commanders

had taken action against assailants accused of sexual assault, not all were going through the proper investigation channels, said Darlene Sullivan, the facilitator for the task force.

The task force was assembled from various Army organizations and began looking into how the Army addresses matters of sexual assault in February. Acting Secretary of the Army Les Brownlee authorized the task force.

The task force recommen-

dations were approved by Brownlee, and were briefed to the House Armed Services Committee June 3 by Reginald J. Brown, assistant secretary of the Army for Manpower and Reserve Affairs.

There were nine shortfalls the task force noted in its 80-page report. One major finding pointed out there was no standard way of handling sexual assault cases, making it hard to collect data and keep track of what services had been ren-

See ASSAULT, page 8

APG receives recognition from local community

APG News

The Harford County Chamber of Commerce recognized the military community of Aberdeen Proving Ground during the Military Appreciation Luncheon at Top of the Bay May 20.

Members of the military and civilian APG community were invited guests to the 27th annual Chamber of Commerce luncheon, which is supported through sponsorships from local businesses.

William B. Securro, chamber president and CEO, hosted the ceremony.

Chaplain (Col.) William D. Willett delivered the invocation urging members of the audience to remember the contributions of the military, many of whom are in "lonely places, hurting places."

"They are our beacon of hope and possess the courage to remain steadfast," Willett said.

After a short business meeting, Securro introduced Janet C. Menig, deputy assistant chief of staff for Installation Management, Headquarters, Department of the Army.

She provided remarks that gave attendees a sense of what the Army is doing today, what it will look like in the future, and the role installations play



in the process.

She prefaced her remarks with accolades to the Maryland National Guard and the reserve units headquar-

tered in Maryland that have played a role in the defense of the country since Sept. 11, 2001.

"Without the myriad of sacrifices of these dedicated individuals, their families and their communities, the overall success of the Army mission would have been more difficult to achieve," Menig said.

"My thanks to all of you...as we continue to fight the Global War on Terrorism."

Speaking about the ongoing transformation, she compared

it to "walking across the bridge we're trying to build."

"We are reorienting the size, shape and capability of our heavy, Cold War posture to a lighter, more flexible force, capable of fighting and winning asymmetric conflicts like the current war on global terrorism," she said.

As to the future state of the Army, Menig spoke of a series of initiatives.

"First is the internal rebranding of the active and Reserve Components [which will] enhance the flexibility to

See CHAMBER, page 13

Watch Card

Observe and report:

- Unusual or suspicious activity or suspected surveillance.
- Unusual questions or requests for information relating to capabilities, limitations, or operational information.
- Unusual vehicles operating in or around the installation.
- Unusual phone calls, messages, or e-mails.
- Unusual contacts, on or off post.
- Unusual aerial activity near or around installation.
- Any possible compromise of sensitive information.

Do not:

- Discuss any aspect of military operations or planning.
- Discuss military capabilities or limitations.
- Discuss force protection measures, capabilities, or posture.
- Disclose any information related to unit deployments.

Report any suspicious activity immediately to DOD Police:

Aberdeen Area, 410-306-2222
Edgewood Area, 410-436-2222
Off post in Maryland, 1-800-492-TIPS (8477).
Your call may save lives.

74 APG employees earn FEB awards

Five receive gold, 27 silver, 42 bronze

Yvonne Johnson
APG News

Aberdeen Proving Ground employees distinguished themselves again this year with superior work in their respective fields that earned them recognition during the Federal Executive Board annual awards luncheon at Martin's West in Baltimore May 7.

Five employees from four different organizations won gold awards. They included two from the U.S. Army Center for Health Promotion and Preventive Medicine, Maj. Anthony J. Intrepido, Category IIa, Outstanding Professional (Non-supervisory) and Dr. Brandolyn H. Thran, Rookie of the Year (Professional). Master Sgt. Brian G. Oldham, U.S. Army Medical Research Institute of Chemical Defense, won the gold in Category Ic, Outstanding Supervisor (Trades and Crafts); the Category IIa, Outstanding Para-professional gold went to James R. Baldwin, U.S. Army Aberdeen Test Center; and Dianne E. Estep, U.S. Army Materiel Systems Analysis Agency, won the gold for Category IV, Outstanding Clerical.

All five expressed their thanks to supervisors, coworkers and friends.

Maj. Anthony J. Intrepido

"It's a great honor and a surprise I didn't expect at all," Intrepido said. "My thanks go out to all I work with. It's a joy to come to work because we all share a great passion for what we do."

Intrepido is the Program Manager for industrial hygiene and occupational health.

On Sept. 11, 2002, he led CHPPM's Special Medical Augmentation Response Team, to the Pentagon to identify, characterize, assess and control health hazards caused by the terrorist attack. He also led the team to Washington,

D.C., in response to the anthrax letter attacks.

Master Sgt. Brian G. Oldham

Oldham, the noncommissioned officer in charge of the MRICD Comparative Medicine Division, supervises active duty, government and contract employees in veterinary medicine and pathology. Oldham's suggestion to institute a new disposal procedure for hazardous waste, saved the government \$24,000.

"It was fairly simple," Oldham said, noting that his suggestion was in line with his daily responsibilities.

He credited his supervisor, Maj. Stephen Dalal, with providing "the kind of leadership that promotes new ideas."

"He encourages everyone to take the initiative when they see something that needs improvement," Oldham said. "The best part of my job is taking care of Soldiers and people, and I got blessed to be surrounded by good people."

Dr. Brandolyn H. Thran

An environmental scientist with CHPPM since January 2002, in the past year, Thran spear-headed four complex scientific projects while attending courses part-time at the Johns Hopkins University Bloomberg School of Public Health and while training for the Baltimore Marathon to earn thousands of dollars for The Leukemia and Lymphoma Society.

Thran thanked her supervisor, Bonnie Davorek.

"This work is challenging and keeps me so busy. It's just the way I like it," Thran said. "You couldn't ask for a better first job."

James R. Baldwin

An engineering technician with 34 years of government service, nine in the Army and 23 at ATC, Baldwin leads design and fabrication projects focused on weapons survivability.

He thanked his team chief, Bruce Thompson, who nominated him and his coworkers.

"They're the ones who make it happen," Baldwin said.

With a 22-year old son serving with the 1st Infantry Division in Iraq, his work has taken on special meaning, he added.

"I've really enjoyed what we've accomplished the last few years, but now I feel I'm helping to keep him safe. That's a direct result of what we're working on, like armoring HUMVEES [high-mobility multi purpose wheeled vehicles]."

Diane E. Estep

The division secretary for the Logistics Analysis Division, Estep has clerical and administrative responsibilities for more than 80 employees and five GS-15 personnel. In addition, she guides five other branch secretaries in the division.

Unable to attend the award ceremony due to knee surgery in April, Estep said her boss, Clarke Fox, notified her of the win at home.

"My first reaction was 'Are you sure,'" she said.

After receiving an FEB honorable mention in 1989 when she first started at AMSAA, she said she wasn't expecting the gold.

"I'm so blessed. It's been such a good year for me and I have the wonderful network of people I work with to thank," Estep said. "They believe in giving 250 percent every day."

She added that thinking positive has been the key to her career. "I try not to have a bad day and I try to impress that on all the secretaries here," she said.

The 2004 Federal Executive Board Silver and Bronze winners:

SILVER

Category Ia, Outstanding Supervisor - GS 13

and above

Susan G. Grendahl, Office of the Staff Judge Advocate
John R. Wallace, ATC
Lt. Col. Jeffrey Ballmer, U.S. Army Evaluation Center
Mark N. Bovelsky, AEC
Robert F. Chandler, USAMSA
Pamela A. Clark, ARL
Robert O. Duperon, OC&S
Joyce A. Hires, DTC
Thomas E. Rosso, ECBC
William Russell, CHPPM
William J. Smith, MRICD

Category Ib, Outstanding Supervisor - GS 12 and below

SILVER

Richard L. Collins, U.S. Army Ordnance Center and Schools
Paul D. Hutchins, ATC

BRONZE

Carol A. Ellis, ARL
Edward L. Parylo, USAG
Aziz N. Qabar, MRICD

Category Ic, Outstanding Supervisor - Trades and Crafts

SILVER

Frank W. Evans, Edgewood Chemical Biological Center

Category IIa, Outstanding Professional (Non-Supervisory) - Technical, Scientific and Program Support

SILVER

Scott Belfit, U.S. Army Environmental Center
Steven T. Chizmar, U.S. Army Materiel Systems Analysis Agency

See FEB, page 11

Police Academy receives collegiate accreditation

Yvonne Johnson
APG News

From now on, graduation from the Aberdeen Proving Ground Police Academy can place participants much closer to realizing their educational goals thanks to an academic accreditation award from Bellevue University.

Based on an academic assessment of the academy's entry-level training program, successful completion of the

program is worth 60 semester hours toward the 120 hours needed for a bachelor's degree in criminal justice said Joannie Harmon, Bellevue University corporate account executive.

Harmon met Joseph Craten, deputy assistant to the garrison commander; Robert Krauer, APG provost marshal; Kenneth Masoner, deputy provost marshal; and Capt. Erick Stone, academy director, in the garrison conference

room May 12 for the official signing of the agreement.

Krauer and Stone oversee the Directorate of Law Enforcement and Security-operated activity.

Harmon said that the university is examining the curriculum of advanced and specialized training that DLES conducts for an additional credit review. An increase in training time and curriculum could result in the addition of

even more credits.

"We evaluate and add as applicable," she said. "We try to align ourselves with organizations that have established programs to help their employees. The [academy] curriculum was important because credit is awarded based on training models," she added regarding the assessment process.

"They went above and beyond meeting the criteria,"

she said.

Stone said the academic review was directly based on participation in and affiliation with the nationally recognized Commission on Accreditation of Law Enforcement Agencies.

"This assessment has facilitated academic and professional skills development for DLES personnel," Stone said.

"This means that civilian law enforcement officers will

receive college credit and active-duty military police officers will receive promotion points as well," Stone said.

Headquartered in Bellevue, Neb., Bellevue University offers online course work toward undergraduate and graduate degrees. For more information, visit the Web site at www.bellevue.edu.

DSHE biologist named president of national conservation organization

Yvonne Johnson
APG News

An Aberdeen Proving Ground biologist in the Directorate of Safety, Health and Environment has been named the president of the National Military Fish and Wildlife Association, 2004 to 2005.

Dr. Jim Bailey was elected to the office during the organization's annual meeting in Spokane, Wash., March 15 to 19.

During his yearlong term, Bailey will lead the 1,100-member strong organization in the conservation and manage-

ment of natural resources on Department of Defense military lands.

Bailey said that he is proud to be at the helm of the 21-year old organization of professional resource managers.

"I feel very privileged to have been elected," Bailey said. He stressed that as NMFWA president, he does not represent APG or the military, but the national organization.

Bailey's duties involve coordinating organizational activities; representing the organizations in communications with DoD and other fed-

eral, state and local environmental agencies; and could include testifying before Congress.

"Basically, my roll is to ensure military personnel and natural resource managers are properly trained," Bailey said, adding that the position already is becoming more time consuming than he anticipated.

He said his goals for the coming year include changing how others perceive natural resource managers.

"People think of us as bugs and bunnies," he said. "I want to reinforce the idea that natural resources and the military

mission go hand in hand."

He said he also plans to look into whether the organization "should be getting more complex," in its involvement with government agencies and adjusting the organization bylaws to allow voting rights for contractors.

"The work we do is very important and it's strengthened by the sharing of ideas," Bailey. "If I have a program on APG that turns out badly, I can share that with others at conference. That's the main benefit, the exchange of ideas, and it's a huge benefit for the land, and for the Soldier."

The NMFWA is made up of resource management professionals working for the Department of Defense or other federal, state or local environmental agencies directly involved in conservation and management of natural resources on military lands.

They include wildlife and fisheries biologists, botanists, ecologists, range conservationists, foresters, cultural resource managers, and wildlife/cultural law enforcement agents.



Photo courtesy of Dr. James Bailey

Dr. James Bailey

Directorate of Contracting announces course availability

DOC

In setting new goals regarding the use of Performance-Based Service Acquisitions, PBSA, the Department of Defense has directed that requirements personnel who prepare Statements of Work, for service contracts receive training in the preparation of performance based SOWs by Sept. 30, 2005.

A PBSA training module is now available in the Defense Acquisition University Continuous Learning Center, according to Bryan Samson, director of the APG Directorate of Contracting.

To access the module, go to the DAU Web site, <http://clc.dau.mil>, and select the 'Learning Center' and 'Course Information & Access' link. To launch the module, select the course name from the list. Users must 'Register' with a login name and password to take the course and receive credit.

The directive also requires that an annual report be submitted indicating the percentage of services contract dollars awarded that used PBSA and the number of personnel

trained in PBSA.

"It has not yet been determined how this training will be captured for reporting purposes from all requirements personnel," Samson said. "However, since all contracts for services must be performance based unless fully justified to do otherwise, it is best to obtain this training as soon as possible."

Upon completion of the PBSA training, Samson advises that all Contracting Officer Representatives place a copy of the PBSA training certificate in their COR appointment file to be available for review by the Contracting Officer.

During the last several years, contract services have become a large portion of the dollars spent by DoD.

"Using performance-based SOWs is one way of attaining better value and enhanced performance," Samson said.

Although PBSAs state requirements in terms of the required results and provide criteria for verifying compliance, but do not state methods of achieving results. Benefits are derived from the use of PBSAs by allowing commer-

cial businesses to apply innovative methods and approaches used in the commercial sector. PBSAs generate wider contractor interest and increased competition, resulting in more affordable services.

The following Internet sites can assist in the preparation of PBSA requirements:

<http://www.arnet.gov/> - Seven Steps to Performance-Based Service Acquisition Online Guide - one-stop resource for all PBSA.

<http://www.hq.usace.army.mil/> The Army Contracting Agency's Services Contracting Center of Excellence contains information and provides links to other PBSA sites such as OFPP, Navy, AMC and DoD.
<http://www.afmc.mil/wpafb.af.mil/HQ-AFMC/PK/pkv/pbsa.htm> - The Air Force PBSA site contains guidance, samples, templates and other links.

For more information, call the APG Directorate of Contracting, 410-278-0854.

APG News

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Family Corner—Enriching the military life

The crest of the military wife

www.military-brats.com/mwcrest.cfm

"The 'Crest of the Military Wife' recognizes the unique contributions of the military wife to the strength and success of the nation's armed forces. Throughout our long and glorious history, the wives of freedom's defenders have made sacrifices, bravely faced daunting challenges, dealt with uncertainties, and endured hardships which have forged them into a single, elite sorority, unique in strength, honor, integrity and patriotism.

The time-honored tradition of selfless service by these "behind-the-scenes" champions of liberty has too often gone unrecognized.

The "Crest of the Military Wife" was developed to help commanders as well as Soldiers, Sailors, Airmen, Marines, and Coast Guardsmen, at all levels, recognize and honor their wives for the strength and support they provide.

The crest



The shape is that of the human heart, symbolic of her endless capacity for love, caring and devotion.

The background is of red and white stripes joined by a field of royal blue, upon which is set a single white star. This represents the flag and the nation, which she so proudly serves through her tireless efforts and endless sacrifices. The single star remembers the countless hours of loneliness she endures; yet, through it all, she shines with warmth and brilliance.

The major image is that of a tree, the symbol of life, for that she is to the military community. The trunk of the tree is of sturdy stock but without roots, a consequence of her nomadic life. The main body of the tree is five conjoined circles upon which are set symbols capturing but a few of her many contributions to community and family. From left to right the symbols show that: she provides mobility and flexibility to a family on the move; she fixes and mends everything from broken toys to broken hearts; she is a teacher sharing her knowledge and imparting her values; she is a doctor, nurse, and minister, ensuring the physical and spiritual health of those in her care; finally, she is the lawyer, judge, and arbitrator who maintains peace and harmony at home.

The minor images are of children nestled safely beneath the sheltering branches of the tree. She provides them the nourishment and protection they need to grow healthy and strong.

The border is formed by a ribbon of black and white squares. These represent the ominous and ubiquitous boxes which punctuate her life during each of her many moves and mark the transition from one phase of her life to the next.

The banner, at the base of the crest, displays the latin words Virtus, Caritas, Vires (Courage, Love, Strength), the values she most personifies.

The crest is prominently worn upon the chest or lapel on any occasion when the wearer would have it known that she is proud to be a military wife."

(Editor's note: Excerpted from www.military-brats.com/mwcrest.cfm.)

ACS recognizes military spouses

Meghan Bowen
APG News

Army Community Service honored all military spouses during a ceremony at the Aberdeen Area Post Exchange May 27.

"This special occasion allows us to reach out to the spouses, and recognize their commitment to the armed forces, and to say thank you

for your courage, patriotism and devoted service to the military family," said Celestine Beckett, director, ACS.

After the cake-cutting ceremony, Col. Mardi U. Mark, garrison and deputy installation commander, and her spouse, retired Lt. Col. Edward Fallon, along with Marilyn Howard, ACS program coordinator, handed out slices of cake and gift bags

filled with the Military Spouse's Prayer, ACS program info and "My Heart Belongs to Mom/Dad" books.

"We all have spouses and we appreciate everything they do to support us, because the life of a Soldier is tough," Mark said.

Several spouses commented on their desire to support their Soldier husbands.

"It's nice to see we are not

left out," said Derece Williams, spouse of Sgt. 1st Class Trevor Williams. "We're the force behind our husbands doing their duty."

"Our husbands put their lives on the line everyday and we try to do everything we can to support the Soldiers they are," said Martina Carr, spouse of Staff Sgt. James Carr, Basic Non-Commissioned Officers Academy.

"Military wives go through a lot of unspoken turmoil and it's nice to see they're appreciated," said Heather Coley, wife of Sgt. Corey Coley, Edgewood Aviation Unit.

One Soldier acknowledged the efforts of ACS on behalf of the military spouse.

"We have the best ACS office in the area, because they do a lot of things for us," said Staff Sgt. Carr.

Military Wife's Prayer

Give me greatness of heart to see.
The difference between duty and his love for me.
Give me understanding so that I may know.
When duty calls him, he must go.
Give me a task to do each day.
To fill the time when he's away.
When he's in a foreign land.
Keep him safe in your loving hand.
And Lord when duty is in the field,
Please protect him and be his shield.
And Lord when deployment is so long,
Please stay with me and keep me strong.

Author Unknown

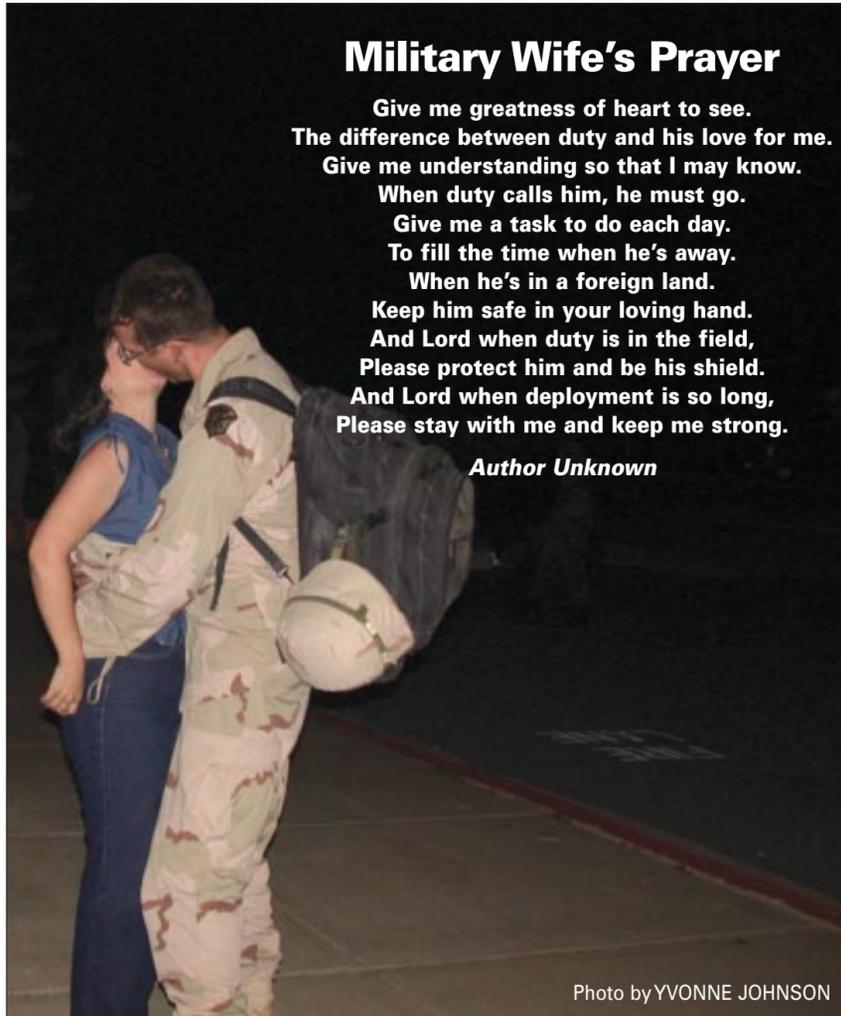


Photo by YVONNE JOHNSON

HOME MAINTENANCE



FREE SEMINAR

Tuesday, June 15th

6:00p.m. - 8:00p.m.

Edgewood Operations Center

1321 Pulaski Highway • Edgewood, MD 21040

Featuring...

Richard Dehne of the Harford County Housing Agency who will provide practical tips on various home maintenance subjects including furnace & air conditioning maintenance, basic electrical & plumbing repairs, and how to save money by "doing it yourself."

Call 410-272-4000 or 1-800-225-2555 ext. 5451 to reserve your space.

APGFCU

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Community Notes

**MONDAY
JUNE 14
229TH UNITED STATES
ARMY BIRTHDAY SPECIALTY MEAL**

The 229TH U.S. Army Birthday Specialty Meal will be held in the Aberdeen Area dining facilities, buildings 4503 and 4219 and the Edgewood Area dining facility, building E-4225, 11:30 a.m. to 1 p.m.

All military personnel, family members, Department of Defense civilians, retirees and guests are invited to dine. Civilian guests are authorized from 12:30 thru 1 p.m.

The holiday meal rate of \$5.40 applies to any officer, enlisted member, and family member of sergeant or above, DoD civilian, retiree and their guests. The discount meal rate of \$4.60 applies to spouses and other family members of enlisted personnel in ranks private through specialist/corporal.

The menu includes grilled steak with sautéed mushrooms and onions, fried chicken, vegetable lasagna, barbecued spare ribs, Cajun baked catfish, cheesy bacon burger, chili dog with cheese and onions, grilled tuna with cheese, chicken soft taco, cheese pita pizza, baked beans, macaroni and cheese, Mexican rice, potato bar, corn on the cobb, honey dijon vegetables, Creole summer squash, assorted salad bar, potato salad, Italian broccoli salad, cole slaw with vinegar dressing, short order condiments, three bean salad, fruit medley salad, corn muffins, assorted breads, toasted garlic bread, blueberry pie with whipped topping, watermelon and assorted fresh fruit, banana split with soft serve yogurt, Army birthday cake, assorted condiments and assorted beverages.

Note: Menu is subject to change without prior notification.

For more information, call Edward Parylo or Ernest Green at 410-306-1393/1398.

**SATURDAY
JUNE 19
HORSESHOETOURNAMENT**

The Sons of the American Legion Squadron 135 will sponsor a Horseshoe Tournament, double elimination and draw partners, 10 a.m., at the American Legion Susquehanna Post 135, located on Cherry Street, Perryville. Cash prizes will be awarded. Entry fee is \$10 per person. Food and refreshments will be available.

For more information, call 410-642-2771.

MILITARY CHRISTIAN CENTER OFFERS HOME AWAY FROM HOME

The Military Christian Center, located at 16 N. Philadelphia Blvd in Aberdeen, offers a home away from home for Soldiers. The center is open Friday night through Sunday and offers free home-cooked meals and facilities. For shuttle service, call 410-272-1144. The center also offers a chance to get away from home and visit the local area.

June 19 - Towson Shopping Mall, 1:30 p.m.

June 20 - Philadelphia (Independence Hall, Liberty Bell, shopping mall), 7 a.m.

June 27 - Washington, D.C., 6:30 a.m. All trips are available for a donation of \$2. Call after 8 p.m. on Fridays to reserve a seat.

**FRIDAY AND SATURDAY
JUNE 25 AND 26
ACADEMY WOMEN
HOST SEMINAR**

ACADEMY WOMEN will host its first symposium at

the Women's Memorial in Arlington, Va., featuring workshops and panel discussions, including women in the military, business-women, and at-home mothers. All military women are welcome.

More information can be found at www.academy-women.org or by e-mailing usmawomen@comcast.net.

**TUESDAY
JUNE 15
HOME MAINTENANCE SEMINAR**

A free Home Maintenance Seminar will be offered by Aberdeen Proving Ground Federal Credit Union, 6 to 8 p.m. at the Community Meeting Room in the APGFCU Operations Center in Edgewood, 1321 Pulaski Highway.

Guest speaker Richard Dehne of the Harford County Housing Agency will provide practical tips on various home maintenance subjects including furnace and air conditioning maintenance, electrical and plumbing repairs, and how to save money by "doing it yourself." To reserve a space, call 410-272-4000 or 1-800-225-2555, ext. 5451.

**THURSDAY
JUNE 17
FREE COMEDY SHOW**

Public Safety Appreciation Night is back by popular demand at the Baltimore Comedy Factory, located on 36 Light Street, Baltimore (above Burke's Restaurant and Café). This is a "thank you" for service to the country.

Enjoy a night of "stand up comedy featuring Mickey Cucchiella from radio station 98 Rock.

The show is open to military and civilian personnel and friends and family members, but attendees must clip and bring this announcement to receive

free admittance for two.

Beverages can be purchased during the show.

Doors open at 8 p.m. Reservations are required.

For more information or to make reservations, call 410-547-7798.

**SATURDAY
JUNE 19
DEE'S PLACE COMEDY CLUB**

Headliner Alex Scott featuring Betina Sellers and Sweets will perform 9 p.m., at Dee's Place Comedy Club at the Holiday Inn, Aberdeen. Tickets cost \$15 in advance and \$20 at the door. Proceeds will benefit Parks and Recreation.

For more information, call Dee Shaw at 410-937-5715.

BASKET BINGO

Basket Bingo to benefit Freedom Hills Therapeutic Riding Program will be held at VFW Post 8185, Route 222, Port Deposit. Doors open 6 p.m., Bingo starts at 7 p.m. Door prizes, special games and raffles and food and drink will be provided. Tickets cost \$10 for all paper cards, and are available by calling Brenda Jolly at 410-658-4959, Anne Gibson at 410-378-3338 or Brenda Conjour at 410-273-7332. **SUNDAY**

**MONDAY
JUNE 21 THRU 25
VACATION BIBLE SCHOOL**

The Christian Religious Education Committee of St. James A.M.E. Church, 615 Green Street, Havre de Grace, is sponsoring Vacation Bible School, 6:30 p.m. to 8:30 p.m., June 21 through June 25, for ages 5 to adult. The program will include Bible Study, arts and crafts and music.

For more information, call 410-939-2267.

JUNE 21

VACATION BIBLE SCHOOL

Edgewood Baptist Church located at 422 Edgewood Road, Edgewood, will hold Vacation Bible School, 6 to 9 p.m., through June 26. The Vacation Bible School theme is "Rickshaw Rally: Racing to the Son." Vacation Bible School is for ages four through adult.

For more information or to register, call the church office at 410-676-5838.

SATURDAY

JUNE 26

15TH ANNUAL GENE CHANDLER CHARITY GOLF TOURNAMENT

The 15th Annual Gene Chandler Sickle Cell Anemia Charity Golf Tournament is scheduled for 10 a.m. at Ruggles Golf Course. Rain date is July 10.

Tournament is captain's choice, four players. Donation costs \$60 for annual patrons and \$80 for all other golfers, and includes a \$30 charitable donation to the Sickle Cell Anemia Association.

Golfers are also responsible for their individual Ruggles Golf Package which includes greens fees, a shared motorized golf cart and picnic-style buffet.

Checks should be made payable to Sickle Cell Anemia and mailed to Fifteenth Annual Gene Chandler Sickle Cell Anemia Charity Golf Tournament, 346 North Philadelphia Blvd., Aberdeen MD 21001. For more information or to register, call Eugene C. Chandler at 410-272-9194 or Beverly Bell at 410-273-8935.

**SUNDAY
JUNE 27
ANNUAL WOMEN'S**

DAY CELEBRATION

The A.M.E.S. United Methodist Church located on 112 Baltimore Pike, Bel Air, will hold its 62nd Annual Women's Day Celebration. This year's theme is "100 Women United in the Spirit!" Guest speaker will be the Rev. Dr. Michele Balamani.

For more information, call the Rev. Winifred J. Blagmond, 410-838-0161.

WEDNESDAY

**JUNE 30
USPS UNVEILS USS CONSTELLATION STAMP**

The U.S. Postal Service will commemorate the 150th anniversary of the U.S.S. Constellation's launch with a commemorative postage stamp, 11:30 a.m. at the Inner Harbor Amphitheater. The dedication ceremony is free and open to the public. The event also marks the beginning of a five-day tall ship "sailabration" that will culminate with a harbor-wide fireworks display.

The stamp art is a hand engraving based on a photograph, believed to date to 1893, in the collection of the U.S. Naval Historical Center.

The stamp will be in post offices beginning July 1.

To obtain first day of issue postmarks by mail of this stamp, customers can contact their local post office, call 1-800-STAMP-24 or visit www.usps.com/shop.

For more information, call Mark Saunders at 202-268-6524 or e-mail Mark.r.saunders@usps.gov, or Bob Novak at 410-347-4322 or e-mail Robertj.r.novak@usps.gov.

**SATURDAY
JULY 3
KINGSVILLE PARADE**

The Greater Kingsville Civic Association in cooperation with the Kingsville Volunteer Fire Company will sponsor the Kingsville 4th of July parade 10 a.m., rain or shine. This year's theme is "Red, White and Blue, The Colors of Independence."

Opening ceremonies will be held at the judges viewing stand presided by Bruce McCubbin, master of ceremonies with Maj. Lisa Maddox, commander of the 143rd Ordnance Battalion performing the national anthem with John Carroll High School Band. Participating bands include Westminster Municipal, John Carroll, Baltimore City Pipe Band, Baltimore, Havre de Grace High School, Edgewood High School, Aberdeen High School and Fallston High School with the Ravens Mascot, the Friends of Buttons the Clown, the 143rd Ordnance Brigade from APG and more.

For more information, call 410-592-7385.

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Free admission returns!
The Post Theater will be closed June 11.

KILL BILL VOL. 2
SATURDAY, JUNE 12, 9 P.M.
Starring: Uma Thurman, David Carradine

There were five on her list. Now it's three. O-Ren Ishii and Vernita Green were the first to fall, now 'The Bride' is out to finish the job by killing the rest. If the final three aren't afraid now, they better start, because she's coming for them. (Rated R)



ENVY (FREE ADMISSION)
SATURDAY, JUNE 12, 7 P.M.
Starring: Ben Stiller, Jack Black

Tim Dingman (Stiller) and Nick Vanderpark (Black) are best friends. One of Nick's harebrained get-rich-quick schemes actually succeeds: Vaporizer, a spray that literally makes dog poop, or any other kind for that matter, evaporate into thin air. Tim, who had scoffed at Nick's idea and passed on an opportunity to get in on the deal, can only watch as Nick's fortune - and Tim's own envy - grow to equally outrageous proportions. (Rated PG-13)

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POST SHORTS

Park, New Chesapeake, Bayside Village, Plumb Point Loop and Hopkins Loop.

The Edgewood Area of APG will hold its community yard sale 8 a.m. to 4 p.m., July 24 and 25. Rain date will be July 31 and Aug. 1.

Participating housing areas include Everette Road, Deer Run, Skippers Point, Clearview Drive, Chevron Drive and Austin Road.

The Community Life Mayoral Program is sponsoring the yard sales.

TRICARE enrollment freeze at KUSAHC

There will be a freeze on enrollments, changes in primary care managers and transfers during the period July 15 through 18 as Kirk U.S. Army Health Clinic transitions from Sierra Military Health Services to Health Net Federal Services.

There will be no routine transfers out of the old Region I for 'fee paying' beneficiaries from July 18 through 30.

New enrollments will be accepted Sept. 1 through 10. There will be no changes in primary care managers during this time.

Enrollees should not be adversely affected during this transition.

Ricketts Point Road work closes road

Road work for steam line installation continues.

Ricketts Point Road between Clearview Drive and Chevron Drive will experience lane closures and possible delays.

On June 12 and 13, the road will be closed so the pipe trench can be excavated. All traffic will be required to use Wise and Otto roads as the detour route. The jogging path will be closed during this period.

After the excavation is complete, the roadway and jogging path will be re-estab-

lished using steel plates for traffic maintenance.

The closure is scheduled to start at 7 a.m., June 12, and the roadway and jogging path reopened no later than 4 a.m. the following Monday morning.

The work in this area is expected to take approximately one and one half months to complete. These dates and durations are subject to weather and environmental factors.

Motorists are requested to use caution and to obey all speed reductions, traffic controls and detours.

In addition, joggers are requested to avoid the area during the construction periods and to use the temporary jogging path relocation with caution during non-construction periods.

For more information, call Jerry Norris, Directorate of Installation Operations, 410-306-1159.

Aberdeen YS holds open house

Aberdeen Youth Services' Summer Program Open House will be held 8 a.m. to noon, June 19.

This is an opportunity to meet the staff, check out the summer camp schedule, ask a nutritionist about the USDA program, register for field trips (where space is available), and more.

For more information, call 410-278-9059.

Openings for CID special agents

The U.S. Army Criminal Investigation Command is currently seeking qualified applicants to become highly trained, federal law enforcement special agents.

CID agents have many opportunities to receive training at the FBI National Academy, the Canadian Police College, and Washington University to pursue a master's degree in forensic sci-

ence.

For additional information, contact Aberdeen Proving Ground Resident Agency CID at 410-278-5261. For more information regarding the application process, visit Web site, www.CID.Army.mil, or visit the Army Knowledge Online (AKO) Web site, and go to the CID link under "MACOM."

2004 Army Birthday Ball

Celebrate the Army's 229th birthday including dinner, entertainment and dancing at the 2004 Army Birthday Ball, June 19, at the Washington Hilton and Towers Hotel in Washington, D.C.

Tickets cost \$50 each. A limited number of discounted tickets at \$15 each will be available for Army staff sergeants and GS-7 civilians and below. Seats are limited.

For more information or to register for the 2004 Army Birthday Ball, visit Army Knowledge Online, www.us.army.mil and follow the link to the ball. All U.S. Army Soldiers, family members, Department of the Army civilians, contractors, retirees, veterans and their guests are invited to attend the event.

Collect Striker toys during Bowling for Bucks

The APG Bowling Center will offer Bowling for Bucks through July 15. This popular series allows customers to purchase bowling bucks to buy prizes at an auction party at the end of the two-month promotion.

For more information, visit www.apgmwr.com.

AA meetings held at APG chapel

Alcoholics Anonymous meets at the Aberdeen Post Chapel, building 2485, every Tuesday from 11:30 a.m. to 12:30 p.m.

This is an open discussion

meeting available to the entire Aberdeen community, military and civilian. Persons requiring assistance in gaining post access, call Jack at 410-734-4396.

ACS holds classes

Army Community Service will present the following two classes 6 to 8 p.m., on the dates indicated at ACS building 2754.

'Strengthening your blended family,' June 21, will provide an understanding of the challenges as well as the rewards of being a part of a blended-step family.

'Teenagers, what makes them tick,' June 28, is a workshop for parents of teenagers

that will provide insight for parents on the developmental phases of teenagers.

To register for a class or for more information, call Donna Mele, 410-278-2464, or Laura Reich, 410-278-7478.

60th commemoration of World War II

The World War II 60th Anniversary Commemoration Committee is planning of multiple events, most notably the ceremonies commemorating D-Day in Normandy, France; the Battles of Saipan and Tinian; as well as other observances honoring the service and sacrifice of so many.

To contact the committee

write to 1777 N. Kent Street, Suite 5413, Arlington, VA 22209, call 703-696-0120, toll free, 1-877-868-2058, or fax 703-696-0122 or visit Web site <http://www.60wwii.mil>.

Tip of the Week

Riding the bus, carpooling, and sharing trips reduces the number of cars emitting pollutants. If possible, choose non-polluting travel such as walking or biking.

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The APG Forum

Commentary



**Chaplain (Maj.)
Joseph L. Di Gregorio**
USAGAPG

Decisions tell the world who we are

Napoleon believed it took five minutes to decide the outcome of a battle. All war plans and maneuvers crest at the moment of crisis.

In one battle his troops were stopped at a bridge. His soldiers feared to advance because Austrian firepower swept the bridge. But to win the battle they had to cross that bridge.

Napoleon seized the flag from the standard bearer and rushed on to the bridge, shouting, "Forward to save your general!"

He electrified his men and won the battle in that five-minute decision.

Shakespeare believed that decisions lead to greatness and good fortune.

"There is a tide in the

affairs of men, which taken at the flood leads on to fortune. Omitted, all the voyage of their life is bound in shallows and miseries," Shakespeare said.

Joshua believed that courageous decisions would lead Israel into the Promised Land. "Decide today whom you will serve," Joshua said.

They failed him before at Kadesh Barnea, a campsite close to the Promised Land. Then, they had dispatched 12 men to scout the possibility of entry. Ten of them returned with a negative report: "The people are taller than we are. The cities are large and fortified. We haven't a chance," Barnea said.

Caleb and Joshua came back with baskets of fruit and lots of hope. They urged the people to advance.

"The Lord God will fight for you as He did in Egypt. Don't be afraid," they said.

They faltered. They did not love God enough to trust Him. They stood on the plains of hesitation where lay the bones of countless millions, who on the eve of victory waited - and waiting died.

Perennial wisdom says, "He who hesitates is lost." This time at Shechem, Israel realizes it must decide for God.

"Far be it from us to forsake the Lord for service to other Gods."

Paul tells the couples of Ephesus, "Decide to stay married. Rediscover the love that will bind you."

In today's marriages crises, the spouses too often retreat and worry about "where we went wrong." Perhaps they should decide to do the loving thing for each other. Then, instead of a defeated marriage, there is a victorious new phase to the relationship.

Decision is like doing. Someone has said, "I don't know what I think until I speak." This is like declaring, "I don't know who I am until I act."

Strong Christian identity today means tough decision-making. Worried Christians in Roman arenas made courageous decisions and became martyrs for Christ.

President Lincoln wrestled with the slavery issue until he made the right decision and became the 'Great Emancipator.'

Mary struggled with the message of the angel until she decided to say Amen and became the Mother of Jesus.

Those today that are tempted to doubt and despair should decide to believe and love.

It is in the doing that love and faith will overtake them. God bless you.

That Ragged Old Flag

I walked through a County Court House square On a park bench an old man was sitting there, I said, "Your old Court House is kinda run down." He said, "No, it will do for our little town." I said, "Your old flag pole is leaning a little bit." And that's a ragged old flag you have hanging on it." He said, "Have a seat," and I sat down. "Is this the first time you've been to our little town?" I said, "I think it is." "Well," he said, "I don't like to brag.

But we're kinda proud of that ragged old Flag. You see, we got a little hole in that flag there, When Washington took it across the Delaware. And it got powder burns, the night Francis Scott Key Sat watching it, writing 'Oh Say Can You See.' And it got a bad rip at New Orleans When Packington and Jackson took it on the scene. And, it almost fell at the Alamo beside the Texas Flag, But she waved through. She got cut with a sword at Chancellerville, And she got cut up again at Shilo Hill.

There was Robert E. Lee, Bouregard and Bragg, The south wind blew hard on that ragged old flag. On Flanders Field in World War One She got a big hole from Bertha gun She turned blood red in World War Two And she hung limp and low a time or two. She was in Korea and Vietnam, She went where she was sent by her Uncle Sam.

She's been to the Desert - twice, And we all think, she still looks nice. She waved from our ships upon the briny foam, Now they've about quit waving her back here at home. In our good land here she's been abused; She's been burned, dishonored, denied, refused. And the government for which she stands Is scandalized throughout the land. She's getting threadbare and she wearing thin, But she's in good shape for the shape she's in.

Because she's been through the fire before, I believe she can take a whole lot more. So we raise her up every morning and we take her down every night, We don't let her touch the ground and we fold her up right. On second thought, I do like to brag Because I'm mighty proud of that Ragged Old Flag.

Author unknown

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Bel Air - 2BR, 3BA Condo THS w/garage in Dallam Place community. This home was a Builder model w/numerous builder options. Marble FP in LR w/2 story ceilings. Master BR w/full MBA suite incld. 2 person soaking tub. Lg FR in LL. Contact Sandie Shanks @ 410-935-1975. (52D)

Bowleys Quarters - 4BR, 2BA Rancher on .72 acre lot in desirable water-oriented community. 2 car attached garage. Some updating completed...bring your ideas. Call Jennifer Anthony @ 410-627-4934. (34E)

Constant Friendship - 3BR, 2BA THS has country kit w/breakfast bar & sliders to a 16x20 deck overlooking custom landscaped bkyd. Berber carpet in LR. FR in LL. Contact Sandie Shanks @ 410-933-1975. (32D)

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Activities

MWR has exciting and entertaining events planned for APG. Upcoming concerts include the Miller Lite

Army Concert Tour presenting Montgomery Gentry, and Blue County on July 17. Shirley Caesar returns

to APG for another concert July 18. To learn more, visit the MWR Web site, <http://www.apgmwr.com>.

Methods of registration

Register for any MWR event by visiting the specific facility for the event, mailing in a registration form found in an MWR Program Brochure, visiting MWR Registration, building 3326, or visiting online at www.apgmwr.com.

Social Hour at Top of Bay postponed

The Army Birthday "social" hour sponsored by Bank One and Aberdeen Proving Ground Federal Credit Union, originally scheduled to follow the cake-cutting ceremony at Top of the Bay June 11, is tentatively rescheduled for June 18.

For more information, call 410-278-3062.

Swimming lessons

Swim lessons run July 12 through 23 for youths and Aug. 2 to 13 for adults at the Shore and Bayside Pools.

Each class will consist of 10 lessons conducted Monday through Friday. Lessons include 45 minutes of instruc-

tion, 10 minutes of practice time and 5 minutes to clear the pool. Each class is limited to the first 20 signups.

Class schedules

July 12 through 23
Teens, ages 13 through 18, 8 to 9 a.m. Youth, ages 6 through 12, 9 to 10 a.m. Children, ages 3 through 5, 10 to 11 a.m.

Aug. 2 through 13
Adults, age 19 and older, 7 to 8 p.m.

Cost is \$35 per person with a 10 percent discount off for each additional family member.

Open registration began June 1.

Register at Outdoor Recreation or Hoyle Gym and fitness centers.

For more information, contact Outdoor Recreation, 410-278-4124 or e-mail outdoor.recreation@usag.apg.army.mil.

APG Bowling Center news Specials

From 6 p.m. to closing,

June 11, there will be a Soldier special. Games are \$1.50 each and shoes are \$1.

June 16 through 18 there will be a red pin special. Throw a strike on a red head pin and win a free game of bowling.

Leagues

Leagues are 8 weeks long and consist of two-person teams of any combination. All leagues include cash prizes.

The Wednesday Over the Hump Double league starts 6:30 p.m., June 23. Cost is \$8 per person per week.

Thursday Doubles begins 6:30 p.m., June 24. Cost is \$8 per person per week.

A Friday Adult/Youth Doubles starts 6:30 p.m., June 25. Cost is \$8 per person per week.

TGIF Adult Doubles League begins 6:30 p.m., June 25. Cost is \$8 per person per week.

Meet Montgomery Gentry--Enter essay contest

MWR is hosting an essay contest to win two tickets to the July 17 Montgomery Gentry concert and a "Meet and Greet" with band members. Runner-up prizes include CD's, autographed hats, posters and T-shirts.

Using 100 words or less, the essay must answer the question "Why do I deserve to meet Montgomery Gentry?"

To be eligible, entrant must live or work at APG. Community Recreation Division employees or family members are not eligible to participate. One submission per person.

Entrant's name should not be on the essay. Instead, a cover page needs to include name, work telephone number, on-post telephone

number, e-mail address, APG organization address, and entrant's status (active duty, civilian, contractor, housing occupant).

Send essays by mail to MWR Marketing, 3330 Raritan Ave., APG, MD 21005, fax to 410-278-9537, e-mail to mwr.marketing@usag.apg.army.mil, or drop off the essay at APG Athletic Center, Hoyle Gym, or the Edgewood Area or Aberdeen Area Recreation centers. Essay must be received by July 2.

Grand prize winner will be announced in the *APG News* on July 15.

Winners must present government ID card when claiming prize.

For more information, call 410-278-4497.

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Whole-body health is focus of annual fitness day

Story and photos by
Yvonne Johnson
APG News

Aberdeen Proving Ground service members and employees learned that physical fitness includes more than just exercise during the annual National Employee Health and Fitness Day activities at the Aberdeen and Edgewood area Fitness Centers May 19.

Led by Morale, Welfare and Recreation's Gwyn Dolzine in the Aberdeen Area, building 320, and Harold Smith in the Edgewood Area, building E-4210, the day's activities featured a 2 or 3-kilometer Fun Run/Walk and health screenings by personnel from Kirk U.S. Army Health Clinic.

In addition, specialists in chiropractics, natural therapeutics, massage, and physical therapy set up stations in the AA center where for the first time a specialist in acupuncture was on hand. There even was a Mary Kay representative offering advice on skin care and maintenance.

"I was just wondering what it would do for my pain," said Aaron Schachte, a Soldier with the 61st Ordnance Brigade, as acupuncturist Jean



Participants in the May 19 National Health and Fitness Day activities stretch in unison to warm up for the 2 to 3-kilometer Fun Run/Walk at the Aberdeen Area Fitness Center.

V. Kneebone applied a series of needles to his left knee. Schachte, who sat quietly for 15 minutes during the procedure, said that he felt "slight sensations" as the needles were inserted but after that, nothing.

"It feels good. No sensations and no pain," Schachte said.

"It helped with the pain in front but it's about the same in the back," he said at the session's end.

Kneebone said acupuncture is a "step toward wellness" that is applied for various pains and muscular aches that can aid those dieting or undergoing chemotherapy or smoking cessation.

"It's good for your overall health," Kneebone said.

Her office, Traditional Acupuncture, is located on Parke Street in Aberdeen.

"I usually play racquetball but I'll probably start coming here when they close the gym for the new flooring," said Holly Ingham as Capt. Jeff Sporer from KUSAHC took her blood pressure. The KUSAHC station, also manned by preventive medicine Spc. Michael Brunson, offered health related brochures and pamphlets for visitors.

"This is just a screening, but those with high numbers we will refer to health care providers and send the active duty over to the clinic," Sporer said.

Representing Blue Moon Natural Therapeutics, Amy J. Guy, proprietor, counseled participants on the benefits of

massage therapy. A certified colon hydro-therapist and natural therapeutics specialist, Guy said she specializes in hot stone or thermo therapy.

"It consists of placing warm stones on the body for pressure and opening muscles," she said. "A very beneficial procedure for several ailments."

Promoting the benefits of massage therapy, William McDermott, certified chiropractic sports physician, and Margaret Gruber, certified chiropractor assistant, of McDermott Chiropractic in Havre de Grace, administered complimentary back massages and bilateral checks to measure body alignment.

"When the body is out of alignment, this causes an imbalance in the nervous system, usually making one leg shorter than the other," McDermott said. "This can lead to other health problems."

When lined up properly, the joints of the spine are flexible. They get stuck when out of line," McDermott said. "It's our job to detect these problems. Mainly, we show the patient how to let the body heal itself."

Fran Kosinski and Mark Zamerowski, physical therapists with the Pro Physical Therapy center in Aberdeen, put visitors through a flexibility 'sit and reach' test that measured flexibility in the lower back and hamstrings.

"Physical therapy is used to return you to your optimum function and health," Kosinski said. "We are 100 percent physical therapist owned and operated and provide one-on-

one care for patients."

Dozens of health enthusiasts gathered in front of the building for the traditional walk run. After recreation assistant Mercedes Ashby led them through a stretching routine to limber them up, the group took off, walkers and joggers, on the 2 and 3-kilometer route around Plumb Point Loop.

"The day turned out real well," said Fitness Center Manager Gwyn Dolzine.

"We offer the same activities at our Aberdeen and Edgewood locations because so many of our regulars as well as those planning a fitness routine, look forward to it," Dolzine said.

She said upcoming classes at the center include a strength training class, Monday and Wednesday, 4:30 p.m., and an hour-long gut cut class, 11:30 a.m. on Thursdays.

"Lunchtime is our busiest time," she added. "Our slow hours, 8 to 11 a.m. and 1:30 to 3:30 p.m., are the best time to come in and familiarize yourself with our services."

Most participants agreed the centers have helped them get fit and stay fit.

"I come here every day," said Brenda Kauffman, an administrative officer with the U.S. Army Research Laboratory. "They go all out for you."

Dr. Lisa Marvel, an ARL research scientist, said she skips lunch to take the center's aerobic classes.

"Instead of asking people what they're doing for lunch I ask what they're doing for exercise," Marvel said.

"I come out for this every year," added Suzanne McCummings, a contract performance specialist with the Directorate of Installation Operations, as she finished her walk. "I had fun but now it's back to work."

Good friends Lori Pridgen, ARL, and Tracey Baker, U.S. Army Developmental Test Command, did the 3K walk together. Baker said she's jogs regularly and that she has participated in the annual event the past three years.

"I've been coming more



Aaron Schachte, 61st Ordnance Brigade, watches as acupuncturist Jean Kneebone applies needles to his knee.



A circle of acupuncture needles, strategically placed to ease pain, decorate Aaron Schachte's knee.

than 10 years," Pridgen added. "I really enjoyed the stations today. They always have interesting things for us."

Sgt. 1st Class Robin Thompson and Capt. Grace Moseley, Headquarters Support Troop, led a platoon of Soldiers on the 3K run.

"This was our physical training for the day," Moseley said, adding, "The entire Staff Judge Advocate staff turned

out for this."

For more information about acupuncture therapy, call Kneebone at 410-272-0665.

For more information about

chiropractics, call McDermott at 410-939-1111.

For more information about

natural therapeutics, call Guy at 410-457-4080. For more information about physical therapy call Zamerowski at 410-297-8141.



Margaret Gruber, left, a certified chiropractor assistant from McDermott Chiropractic in Havre de Grace, conducts a bilateral check on Brenda Kauffman, U.S. Army Research Laboratory, using two scales to check the body's alignment.

Community Recreation holds Outdoor Expo 2004

Story and photos by
Meghan Bowen
APG News

Boats, campers and grills were on display near the Aberdeen Area Post Exchange at Morale Welfare and Recreation's 2004 Outdoor Expo April 20.

An A Frame camper, 16-foot boat with trailer, kayaks, propane Supergrill, and three-person tent were among the equipment on display.

Staff members from the Community Recreation Division of MWR handed out literature with pricing information for their camping and outdoor recreation equipment as well as MWR mugs, pens, mirrors and soda can coolers.

Bane Lawson, recreation specialist; Gwen, Meadows, MWR marketing director; Ken

Singleton, equipment resource manager and Eddie DeLaCruz, go-kart, pool and picnic manager supplemented the staff or the days' event.

"I've got a great staff," said Wayne Doyle, Outdoor Recreation Program Manager. "They make all of this possible."

"The next expo will be in the fall," he said.

For more information, visit Outdoor Recreation, Equipment Resource Center, building 2407 or www.apgmwr.com/recreation/equipment.html.

Hours of operation are Monday through Wednesday, 10 a.m. to 5 p.m., Thursday through Friday, 10 a.m. to 6 p.m., and Saturday, 9 a.m. to 3 p.m. For more information, call 410-278-4124.



Outdoor Expo 2004 featured a 14.5-foot Day Sailor sailboat.



The A-frame camper, center, complete with air conditioning and kitchen houses up to two adults and two children, sat open for people to explore at the 2004 Outdoor Expo near the Post Exchange April 20. The yellow three-person tent with camping accessories, complimented the display.

Assault

From front page

dered to victims.

There were 24 recommendations made to improve the system. One was to develop a sexual assault policy for inclusion in Army Regulation 600-20, Army Command Policy. The chief of personnel, Army G-1 is responsible for the overall sexual assault policy.

The policy will define sexual assault as alleged offenses of rape, forcible sodomy, assault with intent to commit rape or sodomy, indecent assault or an attempt to commit any of these offenses, Sullivan said. The definition is the same one given by the Department of Defense in its recent report "Care for Victims of Sexual Assault."

The roles and responsibilities of commanders from major command to the unit

level will be addressed in the new policy and become a part of AR 600-20, said Lt. Col. John McPhaul of Army G-1.

"Commanders must create a command climate where victims feel comfortable reporting acts of sexual assault," Sullivan said. "Rape is one of the most unreported crimes nationwide."

"As a first sergeant, if you don't know your Soldier was attacked or raped, how can you protect that Soldier? What if you put that Soldier on guard duty with his or her attacker?"

It's imperative that leaders know that prevention, training and assistance are a commander's responsibility."

Company commanders will no longer have the authority to sign the disciplinary paperwork for Soldiers who are accused of a sexual offense, when the cases don't go to court. The battalion commander's signature will be required, Sullivan said.

Department of the Army form 4833, Commander's Report of Disciplinary or Administrative Action, is a permanent record that states what a Soldier was accused of, and what action was taken against him.

Sullivan said the task force found that about 20 percent of the commanders had not filled out the form because of operational tempo. Another recommendation of the task force is to alter the form, so that instead of stating that administrative action was taken against a Soldier, his or her specific punishments will be listed on the form.

Commanders alone cannot round out a successful program to prevent sexual assault, according to the task force. Commanders alone cannot be the judge, juror and prosecutor.

In AR 600-20 one of the responsibilities commanders will have is to assign a unit

victim advocate to support victims of sexual assault. It is important to keep the victim and the chain of command informed of all case actions as they occur with the case. The unit victim advocate will work to provide emotional support to victims while assisting them in the step-by-step processes involved, McPhaul said.

Other agencies whose roles will be outlined in the chapter will include CID, the Provost Marshal, the Surgeon General, Staff Judge Advocate and Assistant Chief of Staff for Installation Management (Community and Family Support Center), McPhaul said.

"The Army agencies already have some procedures in place and know what to do, and are doing it, if an act of sexual assault occurs," McPhaul said, "but we must develop comprehensive policy of dealing with sexual assault from awareness/prevention, to

victim support and data collection.

"We are developing a mechanism that gets all the agencies in concert with each other by establishing a policy that deals with sexual assault not only in garrison but in a deployed setting as well," McPhaul said.

Training requirements will also be addressed in the regulation, McPhaul said. Within the next 60 to 90 days, new chapters will be added to the regulation and staffed with the field, he added.

Training and Doctrine Command is currently devising lesson plans on the prevention of sexual assault to be included in all professional development schools, refresher courses at the unit level and additional training for law enforcement, medical and legal personnel, Sullivan said.

When looking for ways to improve the Army's policies and programs, the task force

sought advice from outside agencies to include Department of Veteran Affairs; National Organization of Victim Assistance; Rape, Abuse, and Incest National Network (RAINN); The Miles Foundation, Navy, Coast Guard and the University of Arizona and Purdue University in Indiana.

Both universities were given grants from the Department of Justice for their prevention programs, Sullivan said. The age category for the Soldiers who report the assaults and their assailants are in the same age category as the university students, she added. Nearly 84 percent of alleged perpetrators were identified as junior Soldiers, and 95 percent of the victims were in the rank of staff sergeant and below, according to the task force report.

Federal Voting Assistance Program now online

American Forces Press Service

The Federal Voting Assistance Program now has a site on the World Wide Web.

Service members, their family members and all overseas citizens may now obtain absentee voting information from the program's Web site, <http://www.fvap.gov/>.

"We are excited about this information venue for assisting our citizens, regardless of where they are in the world," said program director Phyllis Taylor. "Assistance on most voting-related topics is now a few clicks away, and this will foster voting participation and further enhance the democratic process for our citizens."

The site provides an online overview of the program's mission and services available

as well as a direct connection to the program via e-mail.

Site visitors will also find a Web-based version of most federal voting materials, including the 1996-97 Voting Assistance Guide. This guide contains state-by-state procedures for requesting registrations and a ballot, plus a 30-second public service announcement promoting all to vote.

Address questions about the Web site and other voting issues to Federal Voting Assistance Program, Office of the Secretary of Defense, Room 1B457, The Pentagon, Washington, D.C. 20301-1155, or by calling the program at 800-438-8683, 703-695-0663 or sending e-mail to fvap@fvo.osd.mil.

FEB awards

From front page

John A.
Hersey, ATC
Dr. George W. Wagner, ECBC

BRONZE

William A. Adams, U.S. Army Chemical Materials Agency
Maj. Michael S. Foster, U.S. Army Evaluation Center
David E. Lenz, MRICD
Deborah G. Menking, RDECOM
Elizabeth C. Murter, DTC
Ananthram Swami, ARL
Geraldine A. Wiley, OC&S

Category IIb, Outstanding Professional - (Non-Supervisory) Administrative, Management and Specialist

SILVER

Catherine Clark, Detachment 1, 361st Training Squadron, USAF Detachment, APG
Byron R. Hawley, U.S. Army Developmental Test Command
Michael J. Knoblauch, ATC

BRONZE

Donald R. Benton, CMA
Carol A. Ellis, ARL
Melanie L. Murrow, MRICD
Judi Rembold, U.S. Army Evaluation Center
Edward C. Starnes, OC&S

Category IIIa, Outstanding Para-Professional (Non-Supervisory) - Technical, Scientific and Program Support

SILVER

Leo M. Bulavko, USAG OSJA
Norma Yowell, DTC

BRONZE

Mark E. Farro, CHPPM
Dennis Neal, RDECOM
Tami C. Rowland, MRICD
John Schwarz, ECBC
Algie J. Shaw, OC&S

Category IIIb, Outstanding Para-Professional (Non-Professional) - Administrative, Management and Specialist

SILVER

Regina Burston-Valley, ATC
Jerry B. Williams, U.S. Army Research, Development and Engineering Command

BRONZE

Misti D. Cloman, OC&S
Tina L. Kraft, USAGAPG
Joel J. Marcrum, MRICD
Mariatt M. Robbins, AEC
Patricia A. Sharpless, DTC

Category IV, Outstanding Clerical

SILVER

Elizabeth J. Tedpahogo, RDECOM
Kathleen R. Treon, AEC

BRONZE

Patricia Berry, ARL
Glenda S. Cosenza, OC&S
Shelley L. Lebrun, DTC
Melanie Pender, Edgewood Chemical and Customs Enforcement

Category V, Outstanding Trades and Crafts

SILVER

Thomas M. Hott, MRICD

BRONZE

Kenneth Leaf, ECBC
Anthony F. Vincenti, USAG, APG

Category VI, Equal Employment Opportunity Service

SILVER

Linda D. Patrick, CHPPM

Category VIII, Community Service

Dr. John S. Graham, MRICD
Eunice G. Hamrick, OC&S

Category IX, Distinguished Public Service Career

SILVER

John F. Reynolds, ATC

BRONZE

Charles G. Hurst, Col. (Ret.), MRICD

Category Xa, Rookie of the Year, Professional

SILVER

Karen S. Heroux, ECBC
Charles L. Rice, AEC
Jacob Rubenstein, ATC

BRONZE

Cynthia S. Harrison, CHPPM
John M. Vines, ARL
Kristopher J. Weygant, USAMSAA

Category Xc, Rookie of the Year, Trades and Crafts

SILVER

Seth E. Lyter, ATC

Veterans' voices



Kathy Abey, left, district representative for the Veterans History Project, explains the project's particulars to Jack Cloman, center, a member of Korean War Veterans Association Maryland Chapter and Frederick Kief, right, Catholic War Veterans Chapter 1841, during the Veterans Muster at Harford Mall May 15.

Vets offer services to their own during muster

Yvonne Johnson
APG News

Attendees to the Veterans Muster held at Harford Mall May 15 received an education in the variety of services and benefits available to those who served their country.

Medical, educational, and employment services were just some of the information available at the various booths set up in the mall's center corridor.

Members from nearly every type of veteran group were on hand with information about their organization.

They included Veterans of Foreign Wars, American Legions, the Military Order of the Purple Heart, Vietnam Veterans of America, Korean and Catholic war veterans, and the Women's Army Corps Veterans' Association.

"We are all about women in uniform and shared experiences," said Debby Henson, a member of WACVA Chesapeake Beacon Chapter 114. The chapters numerous fundraisers benefit women veterans at the Perry Point Veterans Administration Medical Center in Perryville, Henson said. She and co-members Lindsey Merson and Wanda Story distributed pamphlets detailing information about the national organization.

"Women who served or are serving are eligible to join, regardless of their branch as either full members or associate members," Story said. "We're here to bring women together to serve the needs of our fellow veterans, male and female."

For more information, call Story at 410-272-5040.

Addressing the needs of Vietnam vet-

erans, representatives from Vietnam Veterans of America Chapter 588 offered newsletters and applications for membership. Chapter president Carolyn Baker said the chapter's community service projects include providing color guards for community parades and functions, distributing holiday food baskets to the needy, and holding several fundraisers for Harford Community College scholarships for local teens.

"We're here to get information to veterans about the VVA and let them know what we stand for," Baker said. The organization stays on top of the latest news or legislation affecting Vietnam veterans and distributes it to its membership, she added.

Korean War veterans on hand included Nick Guerra, president of chapter 271, with members Red Lowman and Paul Yorkman, and the Maryland chapter, led by Robert Banker.

"We're a small chapter, just getting started, but we've had several people ask about who we are and what we do," Guerra said.

The chapter started in the past year with about 50 members he added. There are several ongoing fundraisers planned to support the group's community involvement in Armed Forces Day, Veterans Day and Memorial Day ceremonies. The chapter meets the fourth Monday of each month, 7 p.m. at the VFW Post 10028 in Aberdeen.

The Maryland KWVA chapter meets the third Wednesday of each month at Fort Holabird Officer's Club, Banker said. Their honor guards appear regularly in state and local ceremonies, the most

recent a wreath laying ceremony in Bel Air on Memorial Day.

"Our members visit Washington, D.C. twice weekly to knock on doors [of state representatives] to promote HR1043, a bill proposing a federal charter to the Korean War Veterans Association, Inc.," he said. "Right now there are 129 sponsors. We'll gain more as more people learn more about it."

"This muster was a marvelous idea," Banker added, noting the effect the gathering had on those not involved with it.

"I went for a soft drink in one store and was told my money was no good," he said. "That really touched home."

Like their fellow organizations, Catholic War veterans from chapters 1841 and 1837 said they also are dedicated to serving their communities. "People don't realize that 32 percent of the armed forces is Catholic," said Post 1837 commander William J. Lockwood, a World War II veteran from Bel Air. "We're proud of the work our chapter does for the community," he added. Members of this post meet in Dundalk.

Milton Feliberty, commander of Post 1841, which meets in Aberdeen, said the chapter meets the last Tuesday at VFW Post 10028.

Representatives from other groups included Wally Mueller and Bill Ohern of American Legion Post 39 in Bel Air and Dave Mial of Charlton-Miller VFW Post 6054 in Perryman.

See listing of local veteran organizations and points of contact of the service organizations that participated in the muster.

AREA VETERAN SERVICE ORGANIZATIONS (LISTING COURTESY OF THE HARFORD COUNTY COMMISSION ON VETERANS AFFAIRS, CURRENT AS OF APRIL 2004.)

- | | |
|---|--|
| American Legion Posts | Post # 11377 |
| Edgewood Service Post 17 | Commander Carlton Chenoweth |
| Commander Terrance Garrison | 3504 Back Point Court |
| 415 Edgewood Rd | Abingdon, MD 21009 |
| Edgewood, MD 21040 | |
| Harford Post 39 | Catholic War Veterans |
| Carolynn Baker, commander | Fred Kief |
| 500 N Hickory Ave | 2425 Linda Lane |
| Bel Air, MD 21014 | Jarrettsville, MD 21084 |
| Joseph L Davis Post 47 | Disabled American Veterans |
| Richard Ferguson, commander | Bel Air #30 |
| 501 St. John St. | George Mitchell |
| Havre de Grace, MD 21078 | P.O. Box 0443 |
| | Bel Air, MD 21014 |
| Bel Air Post 55 | Korean War Veterans Maryland Chapter |
| Melvin Buchanan, commander | Bob Banker, president |
| P.O. Box 237 | 2601 Beckley Street |
| Bel Air, MD 21014 | Ft Holabird, MD 21222 |
| Bernard L. Tobin Post 128 | Chapter #271 |
| William Conlon, commander | Nick Guerra, president |
| P.O. Box 487 | P.O. Box 3 |
| Aberdeen, MD 21001 | Aberdeen, MD 21001 |
| Slate Ridge Post 182 | Military Order of the Purple Heart #561 |
| Robert McFadden, commander | William Bowen |
| 2217 Whiteford Rd. | Deputy Commander |
| Whiteford, MD 21160 | Joe Prysinski, commander |
| | 3206 Hunt Road |
| | Fallston, MD 21047 |
| VFW Posts | Military Officers Association of America |
| Harford Memorial Post #5337 | Susquehanna Chapter |
| Chuck Blair, commander | Joe Brooks, president |
| 3705 Pulaski Highway | P.O. Box 243 |
| Abingdon, MD 21009 | APG, MD 21014 |
| Charlton-Miller Post #6054 | Vietnam Veterans of America Chapter #588 |
| Terry Robinson, commander | Frank Stacey |
| 206 Spesutia Road | P.O. Box 714 |
| Aberdeen, MD 21001 | Bel Air, MD 21014 |
| Weedon-Elliott Post #8126 | WAC Veterans Association |
| Russell Levey, commander | Maryland Freestate Chapter #70 |
| 300 Lodge Lane | Judy Fortier, president |
| Havre de Grace, MD 21078 | P.O. Box 423 |
| | Aberdeen MD 21001 |
| Jarrettsville Manor Memorial Post #8672 | Chesapeake Beacon Chapter #114 |
| Commander Jim Heil | Pamela Irle, president |
| 1714 Morse Road | P.O. Box 505 |
| Jarrettsville, MD 21084 | Perryville, MD 21903 |
| Aberdeen Memorial Post #10028 | American Ex-Prisoners of War Maryland North Chapter |
| Kenneth Bero, commander | Milton O. Price Sr., commander |
| 821 Old Philadelphia Road | 71 Crystal Court |
| Aberdeen, MD 21001 | Bel Air, MD 21014 |
| Bel Air Memorial Post #10113 | Polish Legion of American Veterans |
| Irving Troyer, commander | Casimir Pulaski Post #209 |
| P.O. Box 582 | Ray Dombrowski, commander |
| Bel Air, MD 21014 | 612 Wendellwood Drive |
| Darlington-Dublin Post #10146 | Bel Air, MD 21014 |
| Commander Stan Baldwin | |
| 3440 Conowingo Road | |
| Street, MD 21154 | |
| Independence Memorial | |

Servicing the servers

Multiple organizations work to improve the lives of the nation's veterans

Yvonne Johnson
APG News

Many local, state and federal organizations are tasked with the responsibility of serving the nation's veterans. During the Veterans Muster held May 15 at Harford Mall, representatives from several of these organizations set up displays to share information about available benefits and programs.

They included education and health counselors from the Maryland Department of Veteran's Affairs, and representatives from Disabled American Veterans; Maryland Job Services Susquehanna Work Force Centers; VA Maryland Health Care System; recruiters from the Army, Navy, Air Force, Marines, and Maryland Army National Guard; the Military Officers Association of America; the Polish Legion of American Veterans, the Military Order of the Purple Heart; the Military Order of Foreign Wars; the Ordnance Museum Foundation; Harford County Library; and the Veterans History Project.

The Harford County Commission on Veterans

Affairs hosted the event.

"By all reports we did well," said commission chairman Joseph Brooks after the event. "I want to thank each commission member for supporting this effort, particularly Cathy Hampton, who was the brains behind it all and Carole Baker who handled the static display coordination. You've all done well."

I heard one interesting comment: 'I didn't think it possible to get all of the service organizations from Harford County together at one time.' I think that speaks volumes for what the Commission accomplished today."

MOAA

At the MOAA Susquehanna Chapter visitors received brochures and information on registering online to be included in the World War II Memorial database. Roy Valiant and William Shelton briefed visitors on how to register.

"This is one way to make sure every veteran is remembered," Valiant said.

"This muster was a great idea," Shelton added. "It enables us to gather in one

spot and share information. I [learned] some new stuff today and I'm sure everyone else did."

Maryland Department of Veterans Affairs

David R. Clark, chief, Veterans Claims led a presentation focused on state and federal benefits, healthcare, disability, home ownership and education for veterans.

"Basic concerns varied by age," Clark said of the questions put to him. "Some may ask about education while others want to learn more about survivors benefits."

The flow of information to veterans during the muster included literature on:

Veterans Employment and Training Service, VETS, operated by the Department of Labor, <http://www.dol.gov/dol/vets>.

Susquehanna Workforce Centers - Aberdeen, 410-272-5400; Bel Air, 410-836-4603; and in Cecil County, 410-996-0550.

Employment links:

Maryland Career Net: <http://www.careernet.state.md.us>

See VETERANS, page 14

Red, white and blue-- ready to serve you



Photo courtesy of GEORGE W. MITCHELL
Volunteer driver Chaplain Joe Crivello of DAV Bel Air Chapter #30 is pictured with the DAV red, white and blue van that transports disabled veterans who have no means of transportation to and from Perry Point VAMC hospital with appointments.
The Bel Air Chapter of DAV is in need of drivers to assure continued service to veterans. To volunteer or request transportation, call 1-800-949-1003, ext. 5384.

APG celebrates Asian-Pacific American Heritage

Story and photo by Meghan Bowen

Aberdeen Proving Ground Soldiers, civilians and Free-state ChalleNGe students celebrated Asian and Pacific American Heritage Month with native foods, artifacts and cultural displays at a luncheon in the Aberdeen Area Recreation Center May 18.

Asian-Pacific Americans are represented in over 30 ethnic groups that range from South Asia to the Pacific Basin to Hawaii and six island jurisdictions including the U.S. Territory of Guam, according to the U.S. Census Bureau.

Congresswoman Madeleine Z. Bordallo, the first woman elected delegate in Guam, spoke at the luncheon.

"Asian and Pacific Islanders have a powerful

story to tell, and they have a love for this nation that many take for granted," Bordallo said, referring to Guam's Liberation Day. "We on Guam know what freedom is because we also know what occupation is."

Bordallo also spoke about Asian-Pacific Americans' insights on freedom and peace.

"A Vietnamese-American can tell you how a dream of freedom can keep you alive on the high seas...If you have no idea of what war can do, a Korean-American can help you appreciate peace," Bordallo said.

"Our contribution to America is not just the great food and intriguing cultures we have introduced to this land, it is also the stories of our incredible journeys to

freedom," Bordallo said.

The cultural contributions of Asian-Pacific Heritage were put on display in the form of entertainment and food sampling.

Chung's Martial Arts of Havre De Grace demonstrated Tae Kwon Do. A few techniques involved sword wielding, bamboo cutting and board breaking.

"Am I getting older or is his hand moving?" said Doo Hyun Chung, Master Instructor of Chung's Martial Arts as he attempted to slice an apple blindfolded with his bare feet, which he executed on his third kick.

"I liked the non-contact sparring; that takes talent," said Tom Roller, director of Mission Support at the U.S. Army Developmental Test

Command, about the martial arts display.

After the martial arts entertainment, guests were invited to experience the Asian-Pacific snacks, entrees and artifacts that lined the AA Recreation Center table displays.

Linda Patrick, Center for Health Promotion and Preventive Medicine, handed out sesame snacks, Korean cookies, Asian wheat cakes and assorted drinks for people to sample.

"That juice is really good," said Staff Sgt. Tawana Butts, DTC, after she tried a coconut drink.

Chicken with broccoli, vegetable lo mein and pork fried rice were a few of the Asian dishes served for lunch.

Dishes from Guam includ-

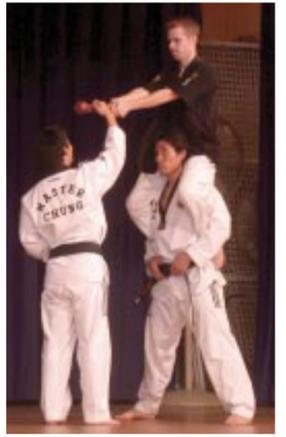
ed red hot tamales, corn flour tortillas and spicy chicken Kelaguen.

"The food was very good," said Phil Eichensehr, DTC engineer with the Environmental Quality Department.

People were treated to visual delights with a large Asian fan displayed on the wall, surrounded by posters of Asian Americans, which hung above a low table set with blue and white traditional dishes.

Flags from various Asian and Pacific countries were displayed on tables along with wood and ceramic artifacts from the various cultures.

"APG did a very good job. Our food was here; our music was here; our people were here," Bordallo said.



Doo Hyun Chung, left, Master Instructor of Chung's Martial Arts, preparing for his next kick, places an apple on the end of a knife held by Matt Roach, top right, and Woo Hwa Jang, bottom right, during the Asian-Pacific Heritage Month Luncheon at the Aberdeen Area Recreation Center May 18.

Armed Services conducts blood drive

Armed Services Blood Donor Center

An Armed Services Blood Drive will be held 9 a.m. to 1 p.m., June 18, at the AA Post Chapel. All military and civilian personnel are invited to give blood.

The criteria for determining eligibility to donate blood is based on directives from the Food and Drug Administration explained below.

Disqualified indefinitely:

✓ If stationed in, traveled to, or resided in the United Kingdom for 3 months or more from 1980 to 1996.

✓ Received a blood transfusion in the United Kingdom from 1980 to present.

✓ If stationed in, traveled to, or resided in Europe for six months or more from 1980 to 1996.

✓ Were stationed in, traveled to, or resided in Europe for five years or more from

Jan. 1, 1997 to present.

Disqualified for 12 months from the date of return to the United States:

✓ Visited a malaria endemic area, with or without taking chemo prophylaxis within the past 12 months

✓ Visited Afghanistan or Iraq within the last 12 months.

Other

✓ Received a tattoo or

piercing within the past year (other than ear piercing done in a sterile manner). Those individuals are disqualified for one year from the date of the procedure.

✓ Were North of Seoul, Korea for a period of less than six months. Those individuals are disqualified for two years from the date of return to the U.S.

✓ Donated whole blood within the past 56 days. Those

individuals are disqualified for 56 days from the date of your donation.

✓ Received vaccination for oral typhoid, mumps, oral polio, or yellow fever within the past two weeks. Those individuals are disqualified for two weeks from the date of vaccination.

✓ Received vaccination for chicken pox, measles, mumps or rubella within the past four weeks. Those individuals are

disqualified for four weeks from the date of vaccination.

✓ Have been running a high fever within the past 48 - 72 hours. Those individuals are disqualified for seven days from recovery.

✓ Received your smallpox vaccination. Those individuals are disqualified 21 days from the date of vaccination.

For more information, call 410-278-4333 or 3000.

Legion

From front page

nation's foes.

"No sorrows for the loved ones left behind could dim the purpose in their souls. No weariness of march and watch could keep them from their heart's desire. No horror of the field or sea or air could beat their courage down. They fought for us, for us they fell.

"Let us not remember them in anguish; they would not wish our pity. For their sakes, also let us not forget the loved ones left behind. Our tears or words of sympathy cannot bring back the comfort of those loving hands or the music of those voices stilled," Thomas said.

He then introduced Mark, who gave the keynote speech.

"This most solemn of national holidays, a day when we pause to reflect and honor the memory of those who have served our great country in the uniforms of our armed forces," Mark said. "These are people who came from all walks of life from every corner of this great land of ours. They were our fathers, our sons, our mothers, our daughters, our friends and our neighbors.

"They were all ordinary people living ordinary lives who were asked to make extraordinary sacrifices in extraordinary times for our country.

"They answered the call to arms not because they loved war, for nothing is more repulsive to the character of a free people than war for war's sake.

"In the wake of the terrorist attacks of September 11, Americans once again heard that call. The call went out from grieving relatives, whose loved ones had died in the crash at the World Trade

Center. It was heard from mothers and fathers whose sons and daughters had perished in the attack on the Pentagon. It emanated from husbands whose wives had died aboard the airliner in Shanksville, Pennsylvania.

"President Bush echoed the call when he proclaimed September 11th as a day when all Americans from every walk of life unites in their resolve for justice and peace. He also told us that terrorist attacks can shake the foundation of our biggest buildings, but they cannot touch the foundation of America.

"Support of our armed forces remains strong today. That support is a force unto itself, an intangible but priceless resource that never fails to energize our Soldiers.

"Each of us takes a stand against terrorism when we show the world our unwavering support of American forces. Just as the World War II Memorial testifies to the spirit and sacrifices of what is popularly known as "the greatest generation," each day of the global war on terrorism is a testament to the selfless service of today's fighting forces.

"This generation of Soldiers honors the legacy of those who fought and sacrificed for our nation by following their example by personal courage.

"They place the mission first. They never accept defeat. They never quit and they will never leave a fallen comrade. This warrior spirit carries them onward.

"Continually and strengthening in their resolve to fight those who threaten our freedom. Just as World War II soldiers faced a long hard road to victory over tyranny, today's Soldiers are just as determined to defeat terrorism.

"This a time to remember,



Claude Thomas, captain of the color guard for American Legion Post 135, salutes during a tribute to fallen comrades from the town of Perryville.

but it is also a time to reflect the gratitude we feel for the men and women in uniform protecting our nation and our freedom. Please share in expressing this appreciation the next time you meet a Soldier. None of the awards are given to some, but a simple heartfelt thank you is earned by all who served our country. As we contemplate the sacrifice of those who have given their lives to secure our way of life, let us not forget the true meaning of this holiday.

"For a terrible price in blood has been paid to secure that way of life for all our future generations. I'd like to finish with the words that appear on a memorial in Arlington National Cemetery. "Nothing speaks higher to the memory of fallen Americans than these. Not for fame or reward, not for place or rank, not word by ambition or goaded by necessity, but in simple obedience to duty as they understood it. These men suffered all, sacrificed all, dared all, and died."

"May God bless each and every one of you and may God bless this great nation of ours, God bless America," Mark

said.

Tribute was then paid to citizens of Perryville who fought and died in World War I, World War II, the Korean Conflict and the Vietnam War. The captain of the color guard placed an American flag in honor of each individual. Wreaths and flowers were also placed in front of the head table.

A moment of silence in honor of fallen comrades was followed by the timeless and moving ritual of the three-gun salute and Taps.

Irby commented on the importance of remembering the annual Memorial Day ceremony.

"It was an honor for me to attend the Memorial Day Ceremony to remember the ultimate sacrifices that our great men and women in uniform have paid to ensure that the freedom, that we sometimes take for granted, is maintained," said Irby. "These sacrifices in most cases are on foreign soil. So, I attend the Memorial Day Ceremony to remember those who have paid the ultimate price for freedom around the world, to constantly remind me that freedom is not free."



Photo by YVONNE JOHNSON

The Garden of Stone

In memory of my dad, Frank J Harucki 1922-1993, a WW II Veteran and my brother, Francis W. Harucki 1945-1995, a Vietnam Veteran

As the families gather all around,
Together, and yet alone,
Tears fill the eyes of all who visit
Here, in the Garden of Stone.
We're remembering all the days gone by
And the happiness we had known.
While we walk with sadness in our hearts
Through the Garden of Stone.
The Flags are waving proudly;
But, at half-mast they are flown.
The wave for our quiet heroes
Within the Garden of Stone.
They lived with the torment and nightmares
Of a non-ending violent storm.
Now, they finally found peace within the walls
Of their personal Garden of Stone.
The years have left us fond memories,
But the emotions that are shown,
Are mixed with our pride and yet bitterness
Due to the Garden of Stone.
The pain will remain within me,
No matter how much I've grown,
As I kneel beside my loved one, who
Lies in the Garden of Stone.
But a voice inside brings me comfort,
Saying that from the Garden of Stone,
God is leading our fallen heroes as
The soldiers make their final march Home.
Dedicated to all the men and women who served in
The Armed Forces of The United States of America
Margaret A. Brennan

Chamber

From front page

meet worldwide commitments," she said.

Over 100,000 spaces will restructure the active and Reserve Components.

"The priority is not to secure greater number of troops, but rather the right mix with the right capabilities," she said, adding "low density/high demand-civil affairs/MPs [military police]."

"The second is modular reorganization of our combat

brigades...[which] will enhance responsiveness and increase joint and expeditionary capabilities," Menig said.

The warfighting capability in the active component will grow from 33 brigades to 43 modular "units of action, while the National Guard decreases in size from 38 brigades to 34 modular UAs.

"The third initiative, force stabilization, will reduce turbulence in our Army and make life more predictable for Soldiers and their families," Menig said.

"Active component forces will be stabilized on station for up to eight straight years," she

said. "The active component may deploy outside the United States one out of every three years, while the Reserve Component one out of every six years.

"The Chief of Staff of the Army wants stability for Soldiers. There will be fewer installations, but more people on the installations. Ninety-five percent of all housing will be privatized," she said.

The future of installations that survive base realignment and closure will include more civilians and few Soldiers working at garrison level, more contracted services, more privatized utilities, more families utilizing the

Residential Communities initiative, "for which Aberdeen is under consideration by the end of this summer," continued Menig.

She then made a pitch for the private sector to "hire our National Guardsmen and reservists."

"They are exceptional people...You can benefit professionally from their association with your organization," she said.

Menig's final point was to emphasize the future relationship of installations with their local communities.

"Our military families and the citizens of the community will be closer than ever,"

Menig said.

There will be greater reliance on the local economy for basic services once owned and operated by the government, according to Menig.

"Therefore, we must continue to find venues, such as [the Military Appreciation Luncheon] to build bridges and lasting relationships between the communities.

Following Menig's remarks, proclamations were delivered to Doesburg, Mark and Linda Walls, chairperson of the Military Affairs Committee, from County Executive James Harkins, Aberdeen Mayor Doug Wilson; Commissioner of Bel

Air Capt. Jim McMahan Jr.; Jim Newby, Havre de Grace municipality; Maryland State Senators James R. Hooper and Nancy Jacobs; and Maryland House Delegates Charles R. Boutin and Susan McComas.

Special recognition was given to Jane Cross, the wife of Blair Cross, and his daughter, Sharon. Her husband was recognized posthumously as the 2004 Veteran of the Year to a standing ovation.

At the conclusion, Securro thanked the sponsors for making the event special for the community and the military guests.



<http://pentagonchannel.mil>

DoD launches expanded communications for service members

DoD

The Department of Defense announced April 30 that it is expanding its internal communications efforts with two initiatives during National Military Appreciation Month in May 2004.

An electronic version of the "Stars and Stripes" newspaper is available for downloading at no cost, while the Pentagon Channel, the department's news and information television service, became available to all U.S. military installations on May 14.

Making the electronic "Stars and Stripes" available world-wide allows service members to view exact replica copies of the newspaper's European, Pacific and Mideast editions, providing timely theater news and information for and about deployed forces. For the first time, service members in the United States have access to this online newspaper, where the hardcopy newspaper is not printed.

The electronic version of the newspaper is available online at <http://estripes.osd.mil>.

The Pentagon Channel will

began its expanded service with a live broadcast from the May 14 Armed Forces Day opening ceremony at Andrews Air Force Base, Md. A portion of the live coverage included remarks by senior military and civilian leadership.

The Pentagon Channel's daily programming will strengthen DoD's commitment to keeping America's 2.6 million active duty, National Guard and Reserve service members the best informed military in the world. Previously available only in the Pentagon and through the American Forces Radio and Television Service for service members assigned overseas, the Pentagon Channel now will also be distributed 24 hours a day, seven days a week, to military installations in all 50 states via a domestic satellite. DoD is also offering the Pentagon Channel to all cable and satellite providers.

Information on how to receive the Pentagon Channel via satellite, cable or the Web is at <http://pentagonchannel.mil>.



Playing for high 'hoops'

APG Youth Sports Start Smart Program participant Daniel Winston attempts to make a layup as other players try to defend. Coaches Brian Adams, middle, and Paul Walters, right, monitor the action.



Photos by ERIC HENDERSON
Joseph Sheely, with hands up, defends as Brandon Adams attempts to pass to teammates. Coaches Brian Adams, left, and Paul Walters observe the play.

Veterans

From page 12

Maryland state jobs:
<http://dop.state.md.us/ohrinfo.htm>

Federal jobs:
<http://www.usajobs.opm.gov>
<http://www.jobsfed.com>

APG jobs:
<http://cpol.army.mil/ner/index.html>

Harford County jobs:
<http://www.co.ha.md.us>

Cecil County jobs:
<http://www.cecgov.org>

Baltimore County jobs:
<http://www.co.ba.md.us>

Veterans History Project

Kathy Abey, district representative to congressman Wayne Gilchrest for the American Folklife Center's Veterans History Project, said volunteers are being challenged to deliver at least 100 interviews of World War II veterans to the Library of

Congress between Memorial Day and Labor Day.

The Veterans History Project was created in 2000 by Congress to collect and preserve recorded memories of America's wartime veterans. Throughout the country, volunteers in scouting, school clubs and veteran organizations have visited with and documented thousands of interviews with veterans from World Wars I and II, and the Korean, Vietnam and Persian Gulf wars.

"Contact us to ensure that veterans in your area are represented in this historic collection," Abey said.

To request a project kit, call 1-888-371-5848 or email vohp@loc.gov.

For more information about the project, or to volunteer, call Abey at 1-888-227-1446 or visit Web site, <http://www.loc.gov/vets>.

APG Police participate in Special Olympics Torch Run



Photo by SPC HERSHELL TIDWELL
Sergeant Dan Rodriguez, left, and Officer Erik Miller "rucking it" in the 2004 Special Olympics Torch Run on Route 40 June 1.

Daniel Rodriguez

APG Police

The Aberdeen Proving Ground Police Department participated in the annual Special Olympics Torch Run relay June 1.

The Law Enforcement Torch Run Relay involved more than 2,000 officers from across the state participating in a 600 mile, one-week torch run passing the Special Olympic "Flame of Hope" across Maryland.

Aberdeen Proving Ground Police took part in the central relay, and were standing by on Route 40 when the torch arrived from Lt. William Johnson, Havre de Grace Police Department. The runners proceeded down Route 40 and passed the "Flame of Hope" to the Aberdeen City Police Department Chief

Randy Rudy.

The relay ended in College Park at the University of Maryland where the lighting of the cauldron is done and the opening of the Special Olympic Summer Games begins.

"This year several of the APG Police runners wore "rucksacks" as a special tribute to our Soldiers who died in the service fighting for freedom in Iraq," said Officer Erik Miller.

The Law Enforcement Torch Run is a year-round fundraising and awareness movement organized by law enforcement officers from all around the world. It began in 1986 and has grown consistently every year since then.

Each year officers from all across the state raise money for Special Olympics. In 2002 alone, officers from 35 countries raised a record \$25 million for Special Olympics programs.

In conjunction with the run, the APG Fraternal Order of Police Lodge 116F raised \$400 by selling Special Olympic shirts and hats.

The Law Enforcement community shares in the mission of Special Olympics "...to provide year-round sports training and competition in a variety of Olympic-type sports for citizen's with mental retardation, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendships..."

As the motto of the Special Olympic Torch Run states, "Hero's Helping Hero's," members of the APG Police are anticipating next year's relay for the honor to run again.

Other APG Police who participated in the run included Directorate of Law Enforcement and Security Deputy Director Kenneth Masoner; Officers Erik Miller, Eric Murberg and John Hall, Sgt. 1st Class Stephen Kontack, Spc. Hershell Tidwell and Sergeant Daniel Rodriguez.

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- '01 Acura 3.2 TL \$15,995
- '01 Chevy Metro LSI \$3,995
- '00 Dodge Durango 4WD \$11,995



- '04 Nissan Murano AWD \$27,995
- '01 Nissan Pathfinder 4wd \$17,575
- '01 Nissan Xterra \$11,995
- '04 Pontiac GrandAm GT \$11,995
- '02 Mustang Convertible \$12,995
- '00 Mitsubishi Eclipse GT \$9,995
- '99 Ford Escort 5 Speed \$2,550
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- '02 Chevy Cavalier 4dr \$5,995
- '04 Monte Carlo SS \$15,995

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