

POST SHORTS

Recycling schedule



The recycling pickup for Wednesday, June 30, is plastic, glass and metal. Put items in blue bags and place them on the curb.

RAB meeting scheduled

The Installation Restoration Program will hold its next Restoration Advisory Board meeting 7 to 9:45 p.m., June 24, at the Edgewood Senior Center on Gateway Road.

The topic will be an update on the Lauderick Creek Study Area.

Board meetings are open to the public; all APG employees and citizens are invited.

For more information, call the Information Line at 410-272-8842 or 800-APG-9998.

Fuel Station closes on Ozone Action Days

When forecasted code "Orange" and code "Red" Ozone Action Days occur, the Directorate of Installation Operations will close government fueling stations from 9 a.m. to 3 p.m. at building 4209 in the Aberdeen Area and building E-4017 in the Edgewood Area.

Compressed natural gas and diesel fuel pumps will remain open during forecasted OADs. The use of compressed natural gas in dual fuel vehicles is strongly encouraged to reduce harmful air emissions, especially on a declared OAD.

In the event of an emergency, i.e., an emergency vehicle needs refueling between 9 a.m. to 3 p.m., call 410-278-2871/3414 or 410-436-3270 to request DIO personnel to open the pumps.

Social Hour at Top of the Bay

Every Friday at Top of the Bay there will be a "social" hour, 4 to 8 p.m. featuring a cash bar and free munchies.

Sponsored by Bank One, www.bankone.com/, and Aberdeen Proving Ground Federal Credit Union, www.apgfcu.com/, the Friday gatherings are open to everyone.

For more information, call 410-278-3062.

Garrison Change of Command scheduled

The Aberdeen Proving Ground Garrison change of command is scheduled for 9 a.m., July 8 on Fanshaw Field.

See SHORTS, page 7

RDECOM selects NCO/Soldier of the Year

Yvonne Johnson
APG News

After days of hands-on testing and evaluation, the U.S. Army Research, Development and Engineering Command selected its Noncommissioned Officer and Soldier of the Year during a Recognition Dinner held at the Sheraton Four Points Hotel in Aberdeen June 11.

Sgt. Juan C. Ortiz, White Sands Missile Range, was selected the NCO of the Year.

Staff Sgt. Dan J. Shannon, 389th Army Band (AMC's Own), is the NCO runner-up.

Spc. Jeremy C. Lenon, Fort Monmouth, N.J., was selected the Soldier of the Year.

Spc. David J. Sabat, Alabama National Guard, is the runner-up.

Maj. Gen. John C. Doesburg, commander of RDECOM and Aberdeen Proving Ground, and Command Sgt. Maj. Donald Moten, U.S. Army Technical Escort Unit, presided over the ceremony.

Before announcing the winners, Doesburg commended



Photos by LARRY MCCASKILL

A U.S. Army Research, Development and Engineering Command Soldier of the Year competitor renders a salute to the president of the board, Command Sgt. Maj. Donald Moten. The board included, from left, Moten, Sgt. Maj. David Oberg, Master Sgt. Arthur Burd and Sgt. 1st. Class William Hardman. Board members not pictured are Master Sgt. Hugo Sinclair and Sgt. 1st. Class Mark T. Bleuze.

all competitors "for being who you are and for taking the chance."

"Not every Soldier or NCO steps forward to see where they stand within their organization," Doesburg said. "You learn each time you compete

or take on a new challenge that it's not just beneficial to you, but to the Soldiers who serve under you."

He noted the unique makeup of RDECOM, which consists of active duty and National Guard components.

At one point, more than 1,900 RDECOM guardsmen were engaged in serving the nation's airports, seaports, chemical munitions sites, nuclear reactors, and other sensitive areas in support of the war on terrorism,

Doesburg said. "Their quality is just as high or higher than the active units out there," he said.

With his impending retirement, Doesburg said that this was his last board as he

See SOLDIER, page 12

APG's 2004 AER Campaign surpasses goal

Maj. Anissa M. McNeill
2004 AER Campaign Coordinator

With a goal of \$40,000, the 2004 Army Emergency Relief Campaign began with a bang, raising over \$16,000 dollars the first week.

Although donations slowed midway, the campaign gained momentum near the end, allowing the installation to raise nearly \$52,000.

"The campaign officially ran March 1 through May 31 but we are still receiving donations from retirees and other organizations within the APG community," said Marge Fissel, AER officer for APG.

AER is the Army's own emergency financial assistance organization and is dedicated to "Helping the Army Take Care of Its Own."

Established in 1942 by the Secretary of War, Army Emergency Relief has helped more than 2.9 million Soldiers and their families overcome financial emergencies.

National Guard members and Reservists on continuous active duty for more than 30 days are also eligible for AER assistance.

Last year, APG Soldiers and retirees received over \$216,000 in loans and grants.

Col. Mardi U. Mark, APG Garrison and deputy installation commander, expressed her pleasure at the outcome of the campaign.

"APG's senior leadership, retirees, Soldiers, and government employees deserve recognition for helping APG

surpass its goal and ensuring 100 percent of our work community was contacted and given the opportunity to contribute and support this worthwhile program," Mark said.

Although the AER Campaign has officially ended, donations are welcome throughout the year.

Transportation Office moving to Janet Barr building

Yvonne Johnson
APG News

The Installation Transportation Office, Inbound-Outbound Customer Services Office is moving from building 4302 to the Janet M. Barr Soldier Support Center in building 4305.

Transportation will have minimal staffing July 1 and will close July 2 so workers can pack and prepare equipment for the move. The office will reopen July 6.

The new offices are located on the second floor of building 4305 in rooms 254 to 257.

Penny Cacoulidis, garrison installation transportation officer, said that she and the quality control inspector Toni Evans will remain in building 4302.

"This move will put the Transportation Office closer to the Soldiers," Cacoulidis said. "It's an excellent opportunity, but some may be inconvenienced if additional assistance by quality control personnel is required."

The Transportation Office also is struggling to support customers through the Reduction In Force affecting the garrison, while adjusting to the new Families First program initiated by the Surface Deployment and Distribution Command, which has enacted new guidelines and require-

ments to make shipping goods more cost effective.

"With the realignment of jobs and the re-designation of the way we do business, we will still strive to serve the customer the way we always have," she added.

But eight employees will now do jobs formerly done by 20, and customers and workers will have to use patience as they adjust to the new system.

She said files will take up a good deal of space in the new offices.

"We have two years of records to transport, which is the reason for the minimal staffing as of July 1," she said.

"We average 4,500 transactions monthly and those have to be accessible up to four years back."

The prime concern is that inconveniences are kept to a minimum," Cacoulidis said.

"We moved into this building from 3321 in January 2003 and some people think we're still in building 3321," she said. "I just want the customer to know how to find us and that when they do, we'll do our best for them. We have the greatest workers in the world who will continue to serve the customer."

For more information, call Cacoulidis at 410-278-3896, or Evans at 410-278-9022.

Improvements to LandWarNet will increase fighting power

Spc. Lorie Jewell
Army News Service

Lessons learned in Iraq and Afghanistan are quickly shaping improvements in LandWarNet, the networking system that connects Soldiers using technology to the information they need to better defeat enemies.

As the 3rd Infantry Division, Fort Stewart, Ga., transforms into modular brigade-sized "units of action," new technology-enabled systems such as "blue force tracking" will be integrated, said Lt. Gen. Steven Boutelle, the Army's chief information officer/G-6, in a Pentagon media briefing. The units will also be equipped with new communications satellite-based systems for supporting command and control, and logistics information systems. Delivery of the systems will

start in August and should be complete by November, Boutelle said.

A limited number of units have been using blue force tracking, which gives Soldiers a clearer, more detailed picture of the battlefield, but in time, the technology will be standard for all fighting forces, Boutelle said.

The Army is also extending the bandwidth of the Global Information Grid, or GIG, the conduit that ties Soldiers and posts, camps and stations into information systems using satellites, teleports, standard tactical entry points and global broadcast systems positioned all over the world. The GIG also connects the Army to the network systems of other services, allowing for improved joint fighting capabilities.

Bandwidth determines how fast information is delivered. The expansion begins this summer and once completed, will be comparable to converting a 4-square-foot doghouse into a 26,400-square-foot mansion, Boutelle said.

The Warfighter Information Network - Tactical, or WIN-T, is also improving. WIN-T will give commanders and other network users the ability to exchange information with the most current technology. The Army currently has two contractors - Lockheed Martin and General Dynamics - that find and recommend commercial technology, but the Army is in the process of selecting and relying on one contractor, pending DoD approval, Boutelle said.

Improving the Army's
See FOCUS, page 12

Shirley Caesar returning to APG

Yvonne Johnson
APG News

Shirley Caesar, the first lady of gospel will return to Aberdeen Proving Ground for a gospel extravaganza on Shine Sports Field July 18.

The concert includes special guest Evelyn Turrentine-Agee, the BCD Ensemble and local choirs.

With an exhaustive list of career credits including 18 Dove, 13 Stellar, and 11 Grammy awards, singer and pastor Shirley Caesar tirelessly works for one great cause, to praise God.

Her most recent effort, "Shirley Caesar and Friends" is a collection of collaborations intended to bridge gaps in entertainment. The CD features duets with gospel legends and some of the most recognizable names in popular music, like Patti LaBelle, Gladys Knight, Dottie Peoples, Kim Burrell and Kirk Franklin.

Caesar defines gospel music and shows no signs of slowing down.

She was featured in the movie, "The Fighting Temptations" with Cuba Gooding Jr. and Beyonce' that debuted September 2003, and has made guest appearances on UPN's



Shirley Caesar

"The Parkers."

Despite an obstacle-filled childhood Caesar believes the Lord trusts her to deliver the word and finding more outlets for His great teachings.

"If it's not saying anything to the people, I don't want it," Caesar said. Tickets are \$20 in advance, \$25 the day of the show.

For tickets, call Ticketmaster at 800-551-SEAT; visit Morale, Welfare and Recreation Registration in building 3326 or call 410-278-4907; visit the Hoyle Fitness Center in building E-4210 or call 410-436-7134.

For more information, visit the MWR Web site at www.apgmwr.com.

ISSUE HIGHLIGHTS

Page 2

APG retires eight

Page 4-5

Leadership change at 29th Aviation Brigade

Page 6

Community Notes

Page 8

MWR

Page 11

Commentary

Page 14

MWR hosts Comedy Show

In addition to the move, the Installation Transportation Office phone numbers will change as of July 6:

Current number	New number
410-278-4084	410-306-2056
410-278-3897	410-306-2057
410-306-2059	410-278-2992
410-278-0580 TTY system	410-306-2058
Fax: 410-278-2990	410-306-2060
	DSN will be 458



Photo by RALPH BROTH

Aberdeen Proving Ground honors eight retirees and their families at Top of the Bay May 26. Front row from left: Col. G. Dennis Shanks and his wife Lourdes, Master Sgt. Kenneth Cupp and his wife Lisa, Sgt. 1st Class Darrell Diamond and his wife Angela, and William McLay stand at the ceremony. Back row from left: Richard Conway and his wife Adele (not pictured), Kenneth Carey Sr., and his wife Hilda (not pictured), Gary Lambert and his wife Linda (not pictured), and Cheryl McCarty (not pictured) and her husband retiree Wayne McCarty also stand during the singing of the Army song at the retirement ceremony.

8 military, civilian members retire from APG

Meghan Bowen
APG News

Family and friends celebrated eight retirees with over 240 years combined service at Aberdeen Proving Ground's retirement ceremony at Top of the Bay May 26.

Brig. Gen. Marvin (Keith) McNamara, commanding general of the U.S. Army Developmental Test Command, hosted the ceremony which honored four from the Directorate of Installation Operations, two from the U.S. Army Ordnance Mechanical Maintenance School, one from the U.S. Army Chemical Materials Agency and one from the U.S. Army Center for Health Promotion and Preventive Medicine.

Col. G. Dennis Shanks, a Georgia native, enlisted in the U.S. Army May 10, 1984, and served five tours overseas in Honduras, Kenya, Australia and twice in Thailand.

Shanks spent 15 years overseas testing new drugs for malaria, serving as a casualty control officer during the bombing of the U.S. Embassy in Nairobi, Kenya, and also commanded the Armed Forces Research Institute of the Medical Sciences, the largest U.S. military medical research laboratory overseas.

"He was dedicated to ensuring the health and well being of America's Soldiers," McNamara said.

Shanks' past awards include the Meritorious Service Medal, Joint Service Commendation Medal, both the Army Commendation and Achievement Medals, National Defense Service Medal, Humanitarian Service Medal, Armed Forces Reserve Medal, two service ribbons and two unit awards.

Shanks culminated his career as a program manager with CHPPM at APG. He

plans to do further drug research for malaria, and to spend time with his wife Lourdes and their family.

Next McNamara introduced Master Sgt. Kenneth E. Cupp, a Pennsylvania native, who enlisted in the U.S. Army in September 1980, and served five tours overseas in Korea, Panama, Egypt, Germany and Saudi Arabia.

Cupp has held many leadership positions, including first sergeant, platoon sergeant, chief instructor, Special Forces Operations sergeant, and Special Forces Military Free Fall instructor.

Cupp had many past awards and decorations. The most significant included the Meritorious Service Medal, both the Army Commendation and Achievement medals, Good Conduct Medal, National Defense Service Medal, Southeast Asia Service Medal with two bronze service stars,

Armed Forces Expeditionary Medal, three ribbons and four badges.

Cupp ended his career as the first sergeant with Company B, 16th Ordnance Battalion, 61st Ordnance Brigade.

Cupp's plans for the future include working as a corrections officer or in the Sheriff's Department and to enjoy life with his wife Lisa and their family.

McNamara introduced Sgt. 1st Class Darrell R. Diamond, a New Jersey native, who enlisted in the U.S. Army on June 17, 1982, and served three tours overseas, one in Germany and two in Korea.

"He spent most of his career teaching and taking care of Soldiers," McNamara said.

In 1994, Diamond was selected to represent the United States armed forces at the International Six Day Enduro, an off-road Olympics,

held in Tulsa, Okla.

Diamond's past awards include both the Army Commendation Medal, Army Achievement Medal with five Oak Leaf Clusters, Good Conduct Medal, National Defense Service Medal (one star), Korean Defense Service Medal, Global War on Terrorism Service Medal and three ribbons.

Diamond culminated his career as the field training exercise noncommissioned officer in charge NCOIC with the 61st Ordnance Brigade, and plans to finish his bachelor's degree, continue to work in government service as a civilian, and spend time with his wife Angela and their family.

McNamara introduced William J. McLay, a Washington native, who began his civil service career in 1989 after retiring from Kaiser Aluminum and Chemical

Corporation with 22 years of engineering, production, maintenance and plant positions.

McLay served as the operations improvement leader, and was responsible for numerous process improvements and lessons learned incorporated with the systemization and startup of four baseline demilitarization facilities.

He is recognized as a demil expert, process troubleshooter, and has been referred to as a "national asset" by leaders in the demil community.

McLay's past awards included many letters of appreciation, commendation awards, and Superior Civilian Service Awards.

He also retired in 1995 as a captain from the U.S. Coast Guard after 40 years of distinguished service.

McLay plans to spend more

See RETIRE, page 12

Life-saving device saves Edgewood Area patient

Several APG organizations maintain same device

Yvonne Johnson
APG News

An initiative to place life-saving devices in Aberdeen Proving Ground organizations and a quick-thinking doctor saved the life of a racquetball player at Hoyle Gym June 10.

Capt. Charles Weber, a Kirk U.S. Army Health Clinic physician, used an Automated External Defibrillator, AED, to revive a cardiac arrest patient who lost consciousness and stopped breathing after playing racquetball.

During a lunchtime workout, Weber said he asked the player, a retired civilian and a regular at the gym's racquetball courts, if he would like a game.

"I noticed he was huffing and puffing but didn't think much of it at first," Weber said. "Then as soon as I asked him, he went down."

He said the patient at first appeared to be choking so he began abdominal thrusts but stopped when the patient stopped breathing.

Weber immediately positioned the patient for CPR and

mouth-to-mouth resuscitation, directed personnel to call 911 and sent for the AED which he knew was on hand in the front office.

"I'm in there frequently during lunch and I see it [the AED] in there all the time," he said.

The patient showed signs of "coming back" after the first shock, according to Weber.

"Within one minute of administering the AED, we regained a pulse," Weber said. "He was breathing by the time the paramedics got there and took over."

Paramedics from the Edgewood Area Fire Department stabilized the patient, started IVs and transported him to Upper Chesapeake Medical Center.

Weber rode along. He said at the hospital, an EKG found the patient had suffered a heart attack and lost a portion of heart muscle.

"The CPR and AED actually caused a successful resuscitation," said assistant chief, EMS Ray B. Campbell, noting that the process of getting AEDs on APG began several years ago prompted by concern for the welfare of the APG community's high population of military and civilian retirees.

"We looked at the Public Access Defibrillation Program with the goal of having these with access to the public and people trained to use them," he said.

He noted that the devices are used in some of the

nation's busiest public arenas.

"In Chicago's O'Hare airport it has a 62 percent success rate and a 72 percent rate in Las Vegas hotels," he said.

"When a person goes into cardiac arrest, it brings on a condition called ventricular fibrillation or V-Fib," Campbell said. "It's been proven that the only way to clear up V-Fib is to stop it through electric shock."

The survival rate is 90 percent if you can apply it within one minute, 50 percent if within five minutes and any amount over that decreases by seven percent," he added.

Initially, the U.S. Army Aberdeen Test Center requested AEDs for its high-risk areas.

APG was not able to participate in the Maryland AED Facility Program due to a state application fee.

However, by using both the Maryland Program and the Federal Occupational Health

AED Program, APG found a way to combine both programs and put together an APG Public Access Defibrillation Program.

Today there are 72 AEDs in APG organizations including the Aberdeen and Edgewood Area gyms, the U.S. Army Ordnance Center and Schools, and the U.S. Army Center for Health Promotion and Preventive Medicine.

Army Community Service plans are underway to place them in the Post Commissary, Exchange and Shoppettes.

Campbell said the department couldn't afford to purchase the systems for organizations, but that it has nine certified trainers on hand for those organizations that obtain units and desire training.

"We're hoping other organizations come on board," Campbell said. "I always hoped we'd never have to use one, but if it saves one life, it's paid for the whole program."

APG News

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Chemical Materials Agency launches new Web site

Sandy Clawson-Freeo
CMA

The U.S. Army Chemical Materials Agency announced June 7 the launch of its redeveloped Web site, a resource for individuals and organizations searching for information about the Army's efforts to safely store and eliminate aging chemical weapons.

The Web site, <http://www.cma.army.mil>, is CMA's answer to the public's growing demand for quick and accurate information from the government.

According to a report by the Pew Internet and American Life Project, from 2002 to 2003, there was a 50 percent increase in the number of Americans who visited a federal, state or local government Web site or contacted a government official online.

"It is crucial to CMA that the public be engaged in our chemical weapons disposal mission," said CMA Director Michael Parker. "Our newly updated Web site is just one of the outreach methods that we use for sharing information with the public."

The Web site's new offerings aim to inform and educate the public about CMA's mission areas—destruction, storage, emergency preparedness, and support to national defense.

A calendar of events is one of the new online resources, which plugs the public into activities happening nationwide, including public meetings at the stockpile sites.

The U.S. Army Chemical Materials Agency is responsible for safely storing and eliminating aging chemical

weapons stored in six locations in the United States and for the recovery and elimination of recovered chemical materiel.

Thus far, the Army has safely destroyed 8,369 tons of chemical agent, which is equivalent to more than 28 percent of the stockpile in the U.S.

All of the chemical weapons on Johnston Island in the Pacific were the first to be destroyed.

Currently, chemical weapons are being destroyed in Anniston, Ala., Tooele, Utah, and Aberdeen, Md.

Operations to destroy chemical weapons are anticipated to begin within the next year in Pine Bluff, Ark., Newport, Ind., and Umatilla, Ore.

Protecting pets through pollution prevention

Pets cannot watch out for themselves - that's why they have owners

Maia Kaiser
DSHE - Ecco Verde, Inc.

Throughout the United States, people enjoy the company of their pets.

There are more than 60 million pet dogs and nearly 70 million pet cats in the United States according to Veterinary Market Statistics. With so many pet owners, it is not surprising that pet care is big business in the United States.

Owners take their pets to pet spas, buy them gourmet pet treats, luxury pet furniture and toys, and even pet fashions, but protecting the animals' well being, should be the number one priority.

Limiting pets' exposure to chemicals

Perhaps the greatest source of chemicals that most pets are exposed to daily is the flea collar. As the weather gets warmer the flea collar protects pets from flea infestation.

Warnings on the box advise "harmful if swallowed" or "wash hands thoroughly with soap and water after handling."

Warnings like these do not bode well for product safety. Every year hundreds of animals die from products that are intended to rid them of fleas.

Many options are less toxic than the traditional flea collar. The most important thing is to make a pet an unattractive host to fleas by keeping it healthy. Fleas, like other parasites, prey first on animals that are in poor health.

A quick Internet search provides a variety of natural flea prevention and remedy methods.

Keep fleas out of a pet's immediate environment by applying diatomaceous earth (non-toxic soil mixed with crushed fossils and fresh water organisms) to the yard and carpet. Natural diatomaceous earth can be purchased at pool supply stores.

Use herbal flea collars, powders, and shampoos made with ingredients like dried pulverized leaves of wormwood, rosemary, bay, and mint. It is important to note that most natural remedies must be applied more often than chemical remedies.

Vehicle antifreeze and windshield washer fluid are other common sources of chemical exposure for pets. Many animals find the taste of

antifreeze appealing. Unfortunately, consuming even very small quantities can kill an animal. The three most common chemicals in antifreezes are methanol, ethylene glycol, and propylene glycol. Ethylene glycol is the most common and the most toxic. While propylene glycol is considered the safest, it is still not safe for pets to ingest. According to the American Society for the Prevention of Cruelty to Animals, propylene glycol is only three times less toxic in dogs than ethylene glycol.

Preventing pet's exposure to antifreeze

1. Always clean up antifreeze spills, immediately.

2. Check the car regularly for leaks.

3. Always store antifreeze containers in clearly marked sealed containers and in areas inaccessible to pets.

4. Never allow pets to have access to the area when draining radiator fluid from the car.

Many other household products pose threats to pets. Think about the products used to kill insects and rodents, clean floors and toilets, and fertilize the lawn. Now think of pets eating off the floor, drinking out of the toilet, or walking through the yard and then cleaning itself. Many pet owners have already discovered that a pet will eat anything or, at the very least, taste it. This is why it is important to be vigilant about the safety of the products brought into the house.

Nontoxic alternatives for all of the previously mentioned purposes are readily available.

It is easy to make the home safe for pets, and it only takes a little bit of awareness. Pets cannot watch out for themselves that's why they have owners.



Salem

These newborn kittens are eager for adoption at the APG Veterinary Treatment

Marble

Peaches

Collage by JOLYN JANIS

To adopt these 6- to 12-week old kittens, visit the APG Veterinary Treatment Facility, building 2479 on Oakington Street across from the Kirk U.S. Army Health Clinic, between 7:30 a.m. and 3:30 p.m. For more information, call 410-278-3911.

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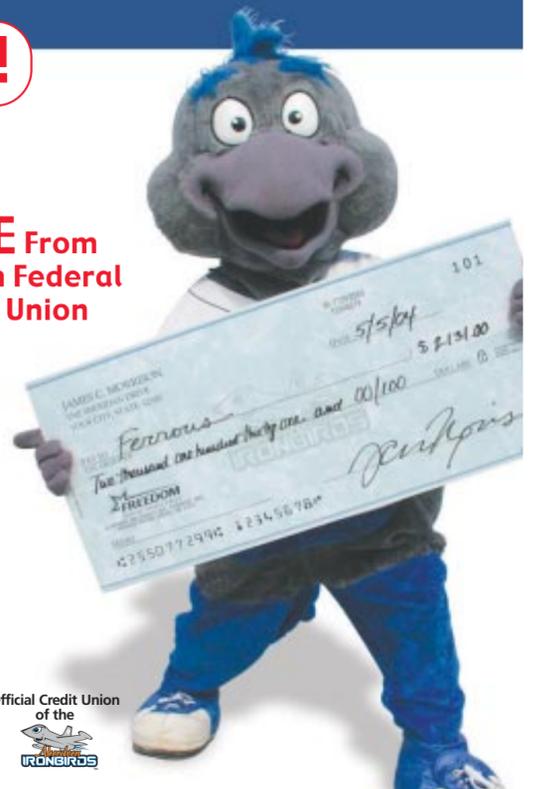
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NISSAN

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- '01 Nissan Xterra \$11,995
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- '01 Dodge Dakota \$8,995
- '01 Nissan Xterra \$6,995
- '02 Dodge Dakota 4dr, 4WD SLT \$16,995
- '97 Dodge Grand Caravan \$4,995
- '98 Mazda Milenia S \$5,995
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NG Aviation Brigade leadership changes hands

Kirklighter assumes command of 29th Aviation Brigade



Lt. Col. Fritz W. Kirklighter, left, accepts the 29th Aviation Brigade guidon from Col. Edward A. Leacock, right, commander of the Maryland Army National Guard, as Aviation Brigade Command Sgt. Maj. Thomas E. Hutchins, center, looks on during the change of command ceremony at the MDARNG Armory May 2.

Story and photos by
Yvonne Johnson
APG News

The 29th Aviation Brigade, 29th Infantry Division (Light) took on a new leader during a Change of Command ceremony at the Edgewood Area's Maryland Army National Guard Armory May 2.

Aberdeen Proving Ground and MDARNG leaders and guests watched as Col. Ronald R. Eaton turned over command to Lt. Col. Fritz W. Kirklighter.

Eaton received the Meritorious Service Medal and the State of Maryland Distinguished Service Cross for his many years of service.

Col. Edward A. Leacock, commander, MDARNG, and Brigade Command Sgt. Maj. Thomas E. Hutchins presided over the ceremony.

Guests included Maj. Gen. John C. Doesburg, commander of APG and the U.S. Army Research, Development and Engineering Command; Maj. Gen. Bruce F. Tuxill, Maryland Adjutant General; Maj. Gen. Daniel E. Long, commander, 29th Infantry Division (Light); and Col. Mardi U. Mark, APG Garrison and deputy installation commander.

Leacock said that Eaton had been "at the forefront of Army Aviation transformation changes."

"He has been an outstanding leader and Soldier in that process," Leacock said.

He added that Kirklighter was "the right Soldier, in the right place at the right time."

Eaton said the day was "all about the Soldiers."

"Standing before you are the finest citizen Soldiers with whom I have had the pleasure to serve," Eaton said.

He offered personal thanks

to coworkers, friends and to his family before a final farewell to his troops.

"I shall count it among a high privilege in my life to have served with each of you," Eaton said. "Only in the military can you find great citizens like you who wrap themselves in the American flag every day. I salute you and bid you and your families a safe and productive future."

Kirklighter thanked Eaton and Hutchins for their dedication to the Soldiers of the brigade.

He said he appreciated the seriousness of assuming command while the nation is at war.

"War has touched us all to one degree or another from friends lost on September 11 [2001], to my brother now serving and my oldest son preparing to serve," Kirklighter said.

He told the assembled units that they could look forward to "a new chapter in the proud tradition of the Aviation Brigade."

"God bless the Soldiers, their families, and God Bless America," he said.

The Aviation Brigade units included Headquarters and Headquarters Company; 1st Squadron, 158th Cavalry (RECON); 629th Military Intelligence Battalion; 3rd Battalion, 126th General Support Aviation Battalion; Company A, 226th Division Aviation Support Battalion; Company G, 224th Aviation; and 1159th Medical Detachment.

Lt. Col. Ron Martin-Minnich, Aviation Brigade chaplain, delivered the invocation. The 229th Army Band provided the ceremony's music.

New commander highlights focus

Yvonne Johnson
APG News

Lt. Col. Fritz Kirklighter previously served as chief of the Quality Assurance Division, Aviation Depot Maintenance Roundout Unit.

In his civilian life he serves as director of Administrative Services, Office of the Assistant Secretary of the Army in the Pentagon.

Kirklighter said his main focus as the new commander of the 29th Aviation Brigade is to develop Soldiers.

"The Army Aviation Transformation may change the brigade in its appearance," Kirklighter said. "A great deal of work has to be done among units that may not have had a certain mission or requirements before."

He said that time is of the essence in obtaining that level of excellence.

"A primary concern is that we may be called while still transforming," he said. "We need to anticipate future work and react as a team. The call from our nation could come at

any time."

He said that he wants his troops to realize that he is a "straight shooter, not hung up on formalities."

"The main thing I want out of my Soldiers is that they care about doing their jobs safely and professionally," Kirklighter said.

"You can't help but watch the news and see that everyone affiliated with the military is being asked to step up to the plate. Our unit needs to work at being prepared. We don't know if or when, but we do know we need to be ready," he said.

Kirklighter spent 11 years on active duty in artillery and in aviation. He attended officer basic in 1979, and served in the reserves 1990 to 1996 before joining the Guard in 1997. He graduated from the Army War College in 2001.

He and his wife Beckie have three sons, one of whom is in the Marines, serving as a CH-46 repairman in New River, N.C.



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Profiling an aviation guardian

Yvonne Johnson
APG News

Prior to his assignment as commander, 29th Aviation Brigade, Col. Ronald R. Eaton commanded the Army National Guard Aviation Depot Maintenance Roundout Unit. During his tenure, subordinate units executed operational deployments to Somalia, Haiti, and Egypt.

Eaton also served as the director of Safety and Aviation for the Maryland Army National Guard, responsible for aviation and ground safety as well as aviation training and maintenance.

He has held various staff positions with the 224th Aviation Company (Attack Helicopter), the 129th Assault Helicopter Company, and the 268th Combat Assault Battalion in the Republic of Vietnam, as well as with the 106th Transportation Company, 10th Aviation Group at Fort Benning, Ga.

As a Department of the Army civilian with the National Guard Bureau from

1980 to 1993, Eaton served in Aviation Operations as a planner and branch chief. His responsibilities included aviation policy and program management involving flying hours, personnel, simulators, training sites, counter drugs, and mobilization. He also worked with the State Department FMS training and equipping cases involving Israel and Egypt and various Latin American governments.

He authored various articles on Army National Guard aviation training, counter drug operations, aviation depot maintenance, and military support to civil authorities.

In addition to his military and civilian duties, Eaton was appointed by the Governor of Maryland to the Harford County Board of Education and the board of Harford Community College where he served 11 and five years, respectively.

Eaton is a graduate of the Infantry Officer Candidate School, Infantry Officer Advanced Course, Command and General Staff College,

Officer Rotary Wing Aviator Course, Rotary Wing Instrument Flight Examiner Course, and the Army Aviation Safety Course with the University of Southern California.

He completed course work in Strategic Thinking and Program Management with USC and with the American Graduate University.

Eaton holds a bachelor's degree from Loyola College and a master's from the University of Maryland.

His military awards include the Bronze Star, (1st Oak Leaf Cluster) with "Y" device for ground combat; Meritorious Service Medal, (3rd OLC), Army Commendation Medal (3rd OLC), Air Medals, National Defense Service Medal, Vietnam Service Medal, and the Master Army Aviator Badge.

Eaton, his wife Joyce and daughter Kristen reside in Fallston.

His son Michael Kortisses is a sergeant in the Maryland Army National Guard assigned in the Edgewood Area.



Outgoing 29th Aviation Brigade commander, Col. Ronald R. Eaton, background front row far left, and other dignitaries look on as Sgt. Michael Kortisses, Maryland Army National Guard, presents a bouquet of red roses to his mother Joyce Eaton while her mother-in-law, center, and daughter, Kristen, look on.

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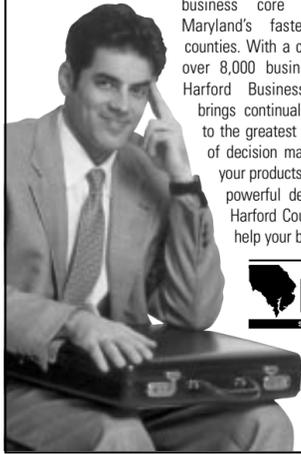
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The movie theater will be closed July 2 and 3.

NEW YORK MINUTE FRIDAY, JUNE 25, 7 P.M.

Starring: Mary-Kate, Ashley Olsen

Seventeen-year-old sisters Jane and Roxanne are on a wild romp through the streets of Manhattan. Sidetracked, side-swiped and chased from Chinatown to Times Square to Harlem by everyone from assassins to politicians to a whacked out truancy officer, the sisters also find unexpected romance. (Rated PG)

MEAN GIRLS (FREE ADMISSION) SATURDAY, JUNE 26, 7 P.M.

Starring: Lindsay Lohan, Rachel McAdams

Raised in the African bush country, Cady thinks she

knows about "survival of the fittest." But the law of the jungle takes on a whole new meaning when the home schooled 15-year-old enters public high school for the first time and falls prey to the psychological warfare and unwritten social rules that teenage girls face today. (Rated PG-13)

VAN HELSING SATURDAY, JUNE 26, 9 P.M.

Starring: Hugh Jackman, Kate Beckinsale

Van Helsing, (Jackman) the legendary vampire hunter, is in an ongoing battle to rid the world of vampires and other ghoulies. He travels to Transylvania to bring down the powerful Count Dracula and joins forces with Anna Valerious (Beckinsale) to rid her family of an old curse by defeating the vampire. (Rated R)



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FRIDAY AND SATURDAY JUNE 25 AND 26 ACADEMY WOMEN HOST SEMINAR

ACADEMY WOMEN will host its first symposium at the Women's Memorial in Arlington, Va., featuring workshops and panel discussions, including women in the military, business-women, and at-home mothers. All military women are welcome. More information can be found at www.academywomen.org or by e-mailing usmawomen@com-cast.net.

MONDAY JUNE 21 TOASTMASTERS MEET

Gunpowder Toastmasters Club 2562 will meet 11:40 a.m. through 12:40 p.m. at the Gunpowder Club in the Edgewood Area of APG. This daytime club offers an opportunity for men and women to improve their communication and speaking skills. The club is open to everyone.

For more information, call 410-941-1120 or 410-734-6573.

SATURDAY JUNE 26 15TH ANNUAL GENE CHANDLER CHARITY GOLFTOURNAMENT

The 15th Annual Gene Chandler Sickle Cell Anemia Charity Golf Tournament is scheduled for 10 a.m. at

Ruggles Golf Course. Rain date is July 10.

Tournament is captain's choice, four players. Donation costs \$60 for annual patrons and \$80 for all other golfers, and includes a \$30 charitable donation to the Sickle Cell Anemia Association.

Golfers are also responsible for their individual Ruggles Golf Package which includes greens fees, a shared motorized golf cart and picnic-style buffet.

Checks should be made payable to Sickle Cell Anemia and mailed to Fifteenth Annual Gene Chandler Sickle Cell Anemia Charity Golf Tournament, 346 North Philadelphia Blvd., Aberdeen MD 21001.

For more information or to register, call Eugene C. Chandler at 410-272-9194 or Beverly Bell at 410-273-8935.

SUNDAY JUNE 27 ANNUAL WOMEN'S DAY CELEBRATION

The A.M.E.S. United Methodist Church located on 112 Baltimore Pike, Bel Air, will hold its 62nd Annual Women's Day Celebration. This year's theme is "100 Women United in the Spirit!" Guest speaker will be the Rev. Dr. Michele Balamani.

For more information, call the Rev. Winifred J. Blagmond, 410-838-0161.

WEDNESDAY JUNE 30 USPS UNVEILS USS CONSTELLATION STAMP

The U.S. Postal Service will commemorate the 150th anniversary of the U.S.S. Constellation's launch with a commemorative postage stamp, 11:30 a.m. at the Inner Harbor Amphitheater. The dedication ceremony is free and open to the public. The event also marks the beginning of a five-day tall ship "sailabration" that will culminate with a harbor-wide fireworks display.

The stamp art is a hand engraving based on a photograph, believed to date to 1893, in the collection of the U.S. Naval Historical Center.

The stamp will be in post offices beginning July 1.

To obtain first day of issue postmarks by mail of this stamp, customers can contact their local post office, call 1-800-STAMP-24 or visit www.usps.com/shop.

For more information, call Mark Saunders at 202-268-6524 or e-mail Mark.r.saunders@usps.gov, or Bob Novak at 410-347-4322 or e-mail Robertjnr.novak@usps.gov.

SATURDAY JULY 3 KINGSVILLE PARADE

The Greater Kingsville Civic Association in cooperation with the Kingsville Volunteer Fire Company will sponsor the Kingsville 4th of July parade 10 a.m., rain or shine.

Maj. Lisa Maddox, Kirk U.S. Army Health Clinic, will perform the national anthem with John Carroll High School Band.

For more information, call 410-592-7385.

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POST SHORTS

Col. Mardi U. Mark will relinquish command of USAGAPG to Col. John T. Wright.

In case of inclement weather, the ceremony will take place in the APG Recreation Center, building 3326.

For more information, call 410-278-1147.

ACS hosts Parent Information Exchange

Army Community Service will present a Parent Information Exchange, a support group for exceptional family members 6 to 7:30 p.m., July 13, building 2754. The meeting will address the needs and concerns of military families enrolled in the Exceptional Family Member Program.

PIE will offer parents the opportunity to meet other family members with special needs.

Free childcare will be provided.

For more information or to register to attend PIE, call Reeshemah Bugg, EFMP coordinator, 410-278-2420.

CWF sponsors trip to NYC

The Civilian Welfare Fund will sponsor a trip to New York City, July 17, for a day in the 'Big Apple.' Roundtrip charter bus transportation is provided for \$35 per person.

For more information or to make a reservation, call Angela Keithley or Jacqueline McKeever, 410-278-4603/4771.

EA community yard sale scheduled

The Edgewood Area of APG will hold its community yard sale 8 a.m. to 4 p.m., July 24 and 25. Rain date will be July 31 and Aug. 1.

Participating housing areas include Everette Road, Deer Run, Skippers Point, Clearview Drive, Chevron Drive and Austin Road.

The Community Life Mayoral Program is sponsoring the yard sale.

TRICARE enrollment freeze at KUSAHC

There will be a freeze on enrollments, changes in primary care managers and transfers during the period July 15 through 18 as Kirk U.S. Army Health Clinic transitions from Sierra Military Health Services to Health Net Federal Services.

There will be no routine transfers out of the old Region 1 for 'fee paying' beneficiaries from July 18 through 30.

New enrollments will be accepted Sept. 1 through 10. There will be no changes in primary care managers during this time.

Enrollees should not be adversely affected during this transition.

Openings for CID special agents

The U.S. Army Criminal Investigation Command is currently seeking qualified applicants to become highly trained, federal law enforcement special agents.

CID agents have many opportunities to receive training at the FBI National Academy, the Canadian Police College, and Washington University to pursue a master's degree in forensic science.

For additional information, contact Aberdeen Proving Ground Resident Agency CID at 410-278-5261. For more information regarding the application process, visit Web site, www.CID.Army.mil, or visit the Army Knowledge Online (AKO) Web site, and go to the CID link under "MACOM."

Free acupuncture offered to Soldiers

About Chi Acupuncture and Wellness Center, located on 1534 Eastern Avenue, second

floor, Baltimore, offers four complimentary treatments of acupuncture and a therapeutic massage and a reflexology treatment to Soldiers returning from Iraq. Further treatment is available to Soldiers at a significant discount.

Center practitioners believe their services can help Soldiers overcome the physical and emotional stresses of war.

For more information, post-war Soldiers can call 410-342-9702 to schedule a series of treatments.

YC holds Summer Basketball Camp

Bill Lewit, head coach of the Cecil Community College players, will instruct summer basketball camp at the Aberdeen Area Youth Center, building 2752. The camp will teach the fundamentals of basketball including passing, shooting, dribbling, rebounding, defense, team play and sportsmanship.

There will be three-on-three and five-on-five league games, and foul shooting and hotshot competitions. Cost is \$50 per CYS member and \$55 per guest. Youths must be registered at the AA and EA Youth Centers by noon, July 22.

Summer basketball camp will be held 6 to 9 p.m., July 26 through 30, for boys and girls in incoming grades 4 through 9.

Youths should bring desire, heart, sneakers, athletic shorts and shirt.

For more information, call Bill Kegley, 410-306-2297, or e-mail william.kegley@usag.apg.army.mil.

AA meetings held at APG chapel

Alcoholics Anonymous meets at the Aberdeen Post Chapel, building 2485, every Tuesday from 11:30 a.m. to 12:30 p.m.

For more information, call 410-278-4333.



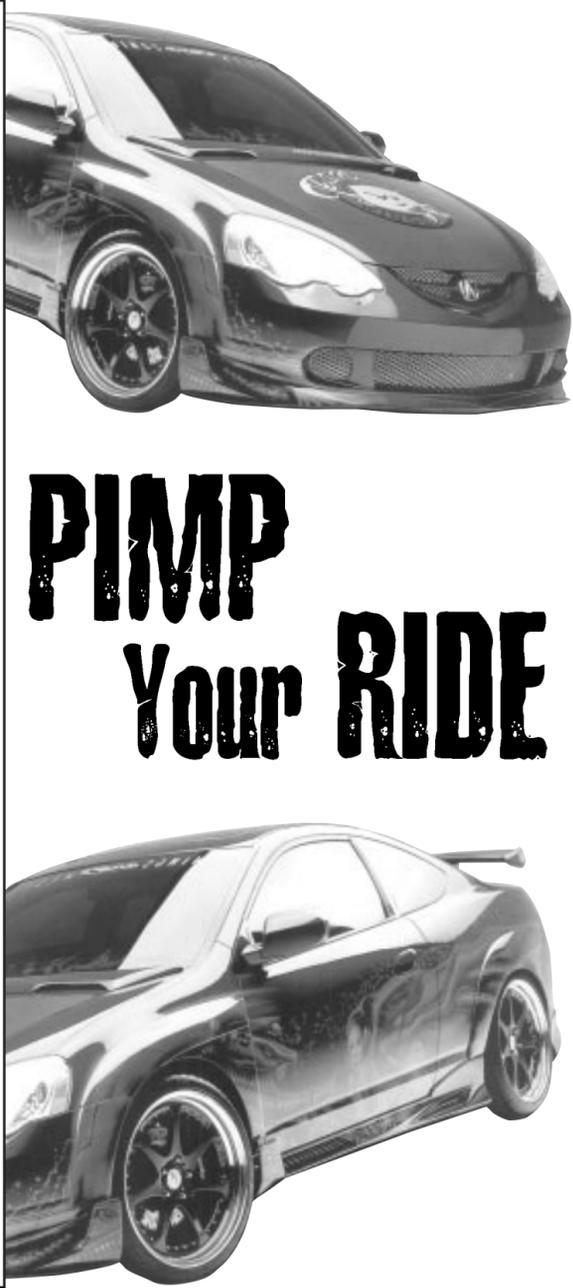
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Morale, Welfare & Recreation

Youth bowlers end season with awards

Story and photo by
Yvonne Johnson
APG News

The Aberdeen Proving Ground youth bowling league finished its season June 5 with an award ceremony, banquet and cosmic bowling at the Aberdeen Bowling Center.

Led by Sandy MacDonald, program coordinator and coach, the league of 10 teams with youths ages 4 to 18, lasted eight months.

MacDonald said that for the first time, a brother and sister received the league's two most-improved awards.

"In all my years here, I've never seen that happen," MacDonald said, adding, "these two work real hard and are very deserving."

Lawrencia Searles, 11, said that she and her brother Clayton, 7, enjoyed their first year as bowlers.

"It's been fun," Lawrencia said.

"Sometimes I get mad when I don't do well but I have a

good time," added her brother.

Their mother, Teresa Searles, a digital controller with the U.S. Army Aberdeen Test Center, said that as a once avid bowler she thought the bowling center was the best place to bring them.

"I wasn't sure how they would take to it," she said. "I'm proud of both of them."

She added that MacDonald and center manager Dave Brewner "are the greatest."

"They treat us like one big family," she said.

Several youths with five or more years on the league credited the program with helping them grow as bowlers.

"Everyone gets a chance to bowl and you get treated fairly," said Ashley Taylor, 15, a Harford Tech 10th grader with 10 years on the league. She and her sister Jessica, 12, followed in the footsteps of their older sister, Latasha, who was a member for 12 years before joining the adult league with their mother.

"This league is great," said her mother, Ronda Taylor, a word processor with the U.S. Army Research Laboratory.

"It's very impressive what they do with kids and Sandy [MacDonald] is a great coach," Taylor said.

With five years each on the league, Jonathan Pace, 9, said he keeps at it for the challenge while enjoying a game with his sister Magen, 12.

"I like bowling because it keeps challenging me to do my best," Pace said. "Everybody here tries to help you get better."

Their mother Carol Pace, an epidemiologist with the U.S. Army Center for Health Promotion and Preventive Medicine said "bringing them here was a natural choice."

"My mother and I worked here for years," she said. "And Sandy is like a second mother. I knew they would have a lot of fun here because Sandy is all about the kids."

Another brother and sister

set, Jessell Cons, 12 and her brother Jason, 10, agreed that they grew during the past season. With just two years on the league, both participated in the state championships in Cumberland in April.

"I was put in the teen group. They bowled way better than me but it was still fun," Jessell Cons said.

Their parents, Jesse and Sherry Cons, former bowlers on the center's Wednesday night league said they were pleased with the program and with their children's progress.

"We were real surprised they qualified," said Jesse Cons, a former U.S. Army Research, Development and Engineering Command Soldier home on leave from Korea. "We were just happy to see them bowling."

The season resumes in September with the start of the school year.

(Editor's note: League result standings are posted at www.apgnews.apg.army.mil.)



Jonathan Pace, 9, sends a ball down the lane during a game with his sister after the bowling league youth awards at the Aberdeen Proving Ground Bowling Center June 5.

'Meet Montgomery Gentry' Last week to enter essay contest

MWR is hosting an essay contest to win two tickets to the July 17 Montgomery Gentry concert and a "Meet and Greet" with band members. Runner-up prizes include CD's, autographed hats, posters and T-shirts.

Using 100 words or less, the essay must answer the question "Why do I deserve to meet Montgomery Gentry?"

To be eligible, entrant must live or work at APG. Community Recreation Division employees or family members are not eligible to participate. One submission per person.

Entrant's name should not be on the essay. Instead, a cover page needs to include name, work tele-

phone number, on-post telephone number, e-mail address, APG organization address, and entrant's status (active duty, civilian, contractor, housing occupant).

Send essays by mail to MWR Marketing, 3330 Raritan Ave., APG, MD 21005, fax to 410-278-9537, e-mail to mwr.marketing@usag.apg.army.mil, or drop off the essay at APG Athletic Center, Hoyle Gym, or the Edgewood Area or Aberdeen Area Recreation centers. Essay must be received by July 2.

Winners must present government ID card when claiming prize.

For more information, call 410-278-4497.

SWIMMING/POOL INFO



Swimming lessons

Swimming lessons run July 12 through 23 for youths and Aug. 2 through 13 for adults at the Shore and Bayside pools. Each class will consist of 10 lessons conducted Monday through Friday.

Lessons include 45 minutes of instruction, 10 minutes of practice time and 5 minutes to clear the pool. Each class is limited to the first 20 signups.

Class schedules are as follows:

July 12 through 23

Teens, ages 13 through 18, 8 to 9 a.m.; youth, ages 6 through 12, 9 to 10 a.m.; children, ages 3 through 5, 10 to 11 a.m.

Aug. 2 through 13

Adults, age 19 and older, 7 to 8 p.m.

Cost is \$35 per person with a 10 percent discount off for each additional family member.

Registration is open to everyone. Register at Outdoor Recreation or Hoyle Gym and Fitness Center.

APG pool openings

Bayside, building 3325, and Olympic pools, building E-4655, are open 11:30 a.m. to 7 p.m., Monday through Sunday.

The Shore Pool, building 2031, hours are 11:30 a.m. to 7 p.m., Tuesday through Sunday.

Fees

Daily: \$3 per person
Individual monthly fee: active duty E1 - E4, \$12.50; all others, \$25

Family monthly: active duty E1 - E4, \$25; all others, \$35, Individual Season: active duty E1 - E4, \$25; all others, \$50

Family season: active duty E1 - E4, \$50; all others, \$80

Passes are available for purchase at Outdoor Recreation, building 2407 or Hoyle Fitness Center, building E-4210.

For more information, call the Equipment Resource Center at 410-278-4124 or e-mail outdoor.recreation@usag.apg.army.mil.



Photo by ANGELA KEITHLEY
Rose Evans, left and Mikaela Keithley, perform a jazz number at the Post Theater during the Youth-Ballet Dance Spring Recital June 5.

Youth dancers perform spring finale

Ivan Mehosky
APG School Liaison

The 2003-04 APG Youth Ballet-Dance Program ended on bright note as 28 girls ranging in ages 3 through 10 performed the end of season Spring Recital at the Post Theater June 5.

Under the supervision of Amanda Morrison, youth ballet and dance instructor, the children dedicated the program to someone very special in their lives.

The audience was treated to a variety of choreographed routines that featured "Dirty Pop" and "Angel" by the 7- through 9-year-old girls from the jazz and ballet classes; "Do-Re-Me" and "Small World" by the 3- and 4-year-old girls in the ballet and jazz classes; "When You Wish Upon A Star" and "Zip-a-de-doo-da" by the 5- and 6-year-old girls in the ballet and jazz classes; and "Some Kind Of Wonderful" by the 6- through 10-year-old girls in the tap dance class.

The finale was an interpretive modern dance routine performed by Morrison.

Following an on-stage awards presentation, Angela Keithley, on behalf of all the parents, presented Morrison with a scrapbook album.

Refreshments were served following the program.

Activities

MWR has exciting and entertaining events planned for APG.

Upcoming concerts include the Miller

Lite Army Concert Tour presenting Montgomery Gentry and Blue County on July 17. Shirley Caesar returns to APG for

another concert July 18.

To learn more, visit the MWR Website, <http://www.apgmwr.com>.

Methods of registration

Register for any MWR event by visiting the specific facility for the event, mailing in a registration form found in an MWR Program Brochure, visiting MWR Registration, building 3326, or visiting online at www.apgmwr.com.

Social Hour at Top of the Bay

A "social" hour, 4 to 8 p.m. will be held in the Gunpowder Lounge at Top of the Bay every Friday.

Sponsored by Bank One, <http://www.bankone.com/>, and Aberdeen Proving Ground

Federal Credit Union, <http://www.apgfcu.com/>, a cash bar and free munchies will be open to everyone.

For more information, call 410-278-3062.

School's out, Chesapeake Challenge is in

The Chesapeake Challenge Amusement Park is fully operational through September. Hours are 5 to 9 p.m., Monday through Thursday; 5 to 10 p.m., Friday; 1 to 10 p.m., Saturday and 1 to 8 p.m., Sundays and holidays.

Amusements include Go-Kart rides, miniature golf, bat-

ting cages and arcade room.

Go-kart riders must be 54 inches or taller to ride single.

Parties, special events and group packages are also available.

For more information or to get group rates, contact Outdoor Recreation at 410-278-4124 or e-mail outdoor.recreation@usag.apg.army.mil.

APG Bowling Center Summer Leagues

All leagues are 8 weeks long and consist of two-person teams of any combination.

All leagues include cash prizes.

Thursday Doubles begins

today at 6:30 p.m.. Cost is \$8 per person per week.

A Friday Adult/Youth Doubles starts 6:30 p.m. tomorrow. Cost is \$8 per person per week.

TGIF Adult Doubles League begins 6:30 p.m. tomorrow. Cost is \$8 per person per week.

Volunteers Needed

Edgewood Arts and Crafts is looking for volunteers to help out during the summer months, 1 to 9 p.m., Thursday and 5 to 9 p.m., Friday and Saturday.

To sign up or for more information, call Holly Shisler at 410-436-2153.

FITNESS CLASSES

EA Fitness classes

Hoyle Fitness Center, building E-4210

Power Step: 11:30 a.m.; Monday, Wednesday

This class uses "the step" for 60 minutes of intense cardio workout. Abdominal strengthening exercises and a relaxing cool down are also included.

Abs Blaster: 4:30 p.m.; Monday, Wednesday

This is a 30-minute workout designed to sculpt and strengthen the abdominal area.

Power Bar: 11:30 a.m.; Tuesday, Thursday

A total body strengthening class that uses the power bar (a weighted bar), the step, hand weights and tubing for resistance.

Hatha Yoga: 5 p.m., Tuesday, Thursday

The union of mind and body, this class will improve breathing, flexibility, balance and overall well-being.

Mat Pilates: 5 p.m., Monday, Wednesday

The primary focus of this class is the "powerhouse muscle group." Every exercise is designed to increase strength in this area.

AA Fitness classes

AA Fitness Center, building 320

Step & Sculpt: 11:30 a.m., Monday

Class consists of cardiovascular conditioning using "the step." Hand weights are also used to sculpt. The class ends with abdominal and flexibility exercises.

Power Cut: 4:30 p.m., Monday and Wednesday; 11:30 a.m., Thursdays

A 60-minute class that uses barbells or dumbbells for

conditioning and strengthening, the class uses high repetitions to exhaust the muscle groups.

Step/Conditioning: 5 p.m.; Monday, Wednesday

This class uses "the step" in combinations with various sports conditioning moves to provide cardiovascular improvement as well as muscle conditioning.

Double Step: 11:30 p.m., Wednesday

This class uses two steps for a more challenging workout. Muscle toning and a relaxing cool down follow.

APG Athletic Center, building 3300

Yoga Fit: 11:30 a.m., Monday, Wednesday

Yoga class based on aerobic format, warm-up, workout phase and cool down.

Lucky Bucket 2 underway

Yvonne Johnson
APG News

Golfers have one more week to participate in the Lucky Bucket 2 Sweepstakes, a spring golf driving range promotion targeting golfers of all ages and skill levels at Ruggles Golf Course.

Instant prizes are awarded on the spot to golfers who find a red ball in their bucket of balls purchased at the driving range.

In addition, with every pur-

chase of a bucket of balls, patrons will receive an entry form for the grand prize, an all-expense paid golf vacation package for two at a championship golf resort.

The golf vacation packages will be drawn randomly at the CFSC headquarters on or about July 31.

For more information, contact Ruggles Golf Course at 410-278-4794 or visit the MWR Web site, www.apgmwr.com.

Commentary

A case for humility



**Chaplain (Maj.)
Joseph L. Di Gregorio**
USAGAPG

In old Russia they used to tell the story of the scholar and the hermit. The scholar is walking along a trail by a lake when he hears a hermit chanting a prayer from an island in the middle of the lake. The scholar listens for a while and keeps walking. But he is irritated because the hermit's prayer is all-wrong. Even the pronunciation is wrong. Finally, he hires a boat and rows to the island. There is the hermit blissfully chanting the prayers all wrong.

And the scholar says, "Friend, I know you will appreciate what I am about to do for you."

The scholar then recites the prayer in the correct way.

"I rowed out here because you were doing it all-wrong and this is the correct way," he said.

The hermit thanks him.

The scholar then starts rowing back to shore. He hears water splish splashing and turns around. The hermit is running across the surface of the water to catch up and calls out, "Friend, could you give me the correct way again. I didn't quite get it."

This old story of the humble hermit and the proud scholar speaks with considerable eloquence to a culture that prizes pride and dismisses humility as a useless and dehumanizing trait. At the same time we plead the case for humility. Granted there is good and bad humility. Often the repudiation of humility is an over-reaction to the wrong kind of humility. This would imply that self-disdain, self-hate, foolish under-

estimation of one's talents, groveling, cowering, cringing and other forms of self-abasement are the real traits of a humble person. This, of course, is nonsense.

The word humility comes from the Latin word for earth, humis, to be humble is to be down to earth.

The humble person knows how to be authentic, honest, candid and realistic in estimating him/herself. It is an intimate component of spiritual greatness.

Scripture offers much advice on the need for humility. The author of the book of Sirach says that we should conduct our affairs in humility. The author of Hebrews says we are invited to draw near to the Kingdom of God. And Jesus tells us that the best way to insure a place at the table of the kingdom is a humble attitude.

None of this implies the slavish obsequiousness of Uriah Heep as found in the writings of Dickens. That is false humility bent on manipulating people or God. Nor does it intimate the habit of thinking less of one self, a kind of psychological self-flogging. It is straightforward, unclouded appreciation of who we really are before God and man.

It is a trait not easily come by.

Benjamin Franklin says that "After crosses and losses men grow humbler and wiser." This is certainly true if people see the crosses and losses as spiritual opportunities and not just humiliating defeats.

The example of Jesus in his life, passion and death remains an enduring and inspirational light for grasping the significance of the crosses and losses that everyone will experience. The attitude makes all the difference. Rejection leads to a heavy sadness. Openness allows the humility to grow.

No better way can be found to respect and revere God and the dignity of one's own person.

God bless you.

Coping with dental treatment anxiety

Capt. Justin Curry
CHPPM

For many, going to the dentist's office can be a stressful experience associated with anxiety, nervousness, and even fear.

Although these feelings are usually exaggerated and out-of-proportion to any actual risk, both patients and dentists need to understand and recognize that these feelings reflect a concern that must be addressed.

Anxiety about dental visits shows up in a number of different ways.

- Rapid heartbeat
- Faster breathing
- Sweaty palms
- Feeling "keyed-up," edgy or irritable
- Foot tapping or fidgeting
- Difficulty sleeping the night before a visit
- Putting-off making an appointment
- Not showing up for the appointment

Anxiety is a normal result of a built-in survival mechanism that is meant to help individuals stay safe and avoid things that could be harmful to them. The problem is that going to the dentist is not harmful.

Several aspects of routine dental exams and procedures can be unpleasant and slightly painful, making a person feel uncomfortable. The mind and body relates these unpleasant sensations with any trip to the dentist. It causes people to be more anxious than necessary.

Use these methods to help ease some of these feelings:

- Schedule the appointment for a time when patient will not feel rushed or under pressure.
- Get a good night's sleep - If the patient knows they have

trouble sleeping, ask the dentist for a sedative.

- Eat a high protein meal or snack before the visit.

- Avoid caffeinated or sugary beverages or foods on the day of the visit.

- Wear loose fitting, comfortable clothing.

- Patients can distract themselves by listening to music. Bring a portable radio, tape or CD player with headphones.

- Use relaxation techniques such as deep breathing exercises, progressive muscle relaxation exercises, or closing the eyes and visualizing restful or relaxing scenes.

- Make a list of any questions to ask the dentist and bring it to the appointment.

- Talk with a dental provider about fear. The dentist may prescribe a small dose of a medication to be taken just before the appointment to help manage symptoms of pain and/or worry.

- Do not drink alcohol the night before or the day of the visit. Alcohol causes the pain-numbing medicine to not work to control pain symptoms.

When considering that next dental appointment, remember that anxiety associated with dental treatment is normal. Rather than letting anxiety keep a patient from taking care of their mouth, use the above simple and effective methods to manage the concerns while promoting good oral health.

Patients who feel that their provider is not taking their concerns seriously should use established patient advocacy mechanisms or use the dental clinic chain of command to get help.

Bel Air graduate receives first Sacco Award

Yvonne Johnson
APG News

The first recipient of the Dr. William J. Sacco Award for Excellence in Applied Mathematics went to Bel Air High School senior Christine Frieman, 18, during the school's awards presentation program May 27.

Dr. John F. Kutcher, president of Digital Innovation Inc., or DICORP, a software design and engineering firm in Forest Hill, established the award in 2003.

Sacco worked as a mathematical problem solver for the Applied Mathematics Division of the Department of Defense Ballistic Research Laboratory at Aberdeen Proving Ground in the 1960s. For his work with BRL, he was awarded the DoD Systems Analysis Award, Manager of the Year Award, and the first Gen. Leslie Simon Scientific Award for leading several problem solving and

research groups. He also received three National Science Foundation grants.

Sacco fostered the work-learn process at APG for selected high school students to serve internships while developing their problem solving skills in preparation for the work environment.

Dr. Kutcher was one of many students to benefit from the internship program.

"What Dr. Sacco has done for me personally, and for scores of other students, is deserving of appropriate recognition," Kutcher said.

"The award is intended to recognize those students who have demonstrated the aptitude and ability to apply the principles of critical thinking and problem solving techniques that were espoused by Dr. Sacco," Kutcher said when the award was announced last year.

Frieman said she was surprised and honored to be the

schools' first recipient of the award.

The vice president of the student council, a member of the National Honor Society and several other honors organizations, Frieman plans to attend McDaniel College in Westminster in the fall to major in History and minor in Education.

"I stayed busy and got involved in things," Frieman said of her high school years where she also was a member of several extracurricular activities including the Mock Trial Club.

"I will remember this as a place where I met great people, had great teachers and learned great things," Frieman said.

Matthew Williamson was the C. Milton Wright recipient of the Sacco Award.

Retired Col. John F. Kutcher Sr. presented the award.

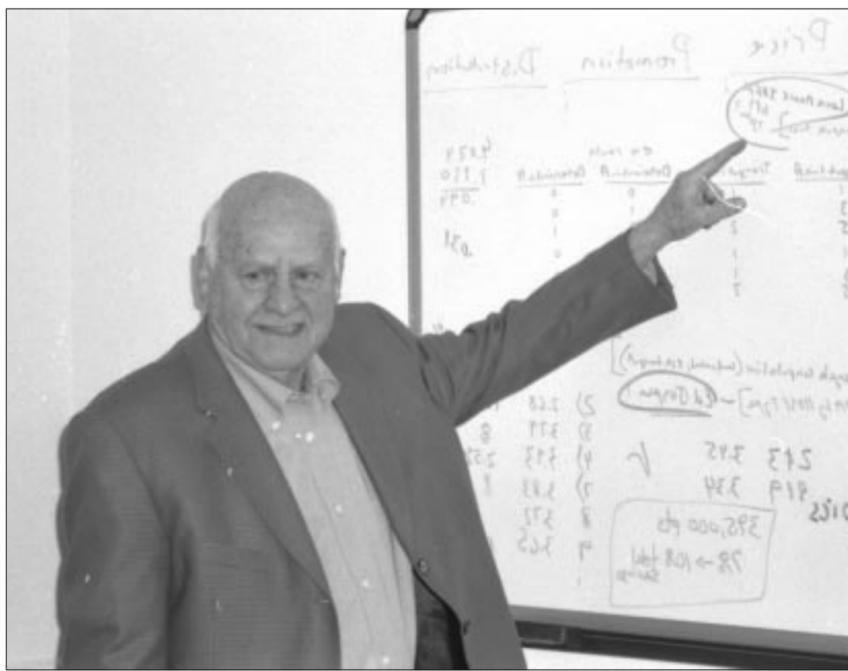


Photo courtesy of Dr. William J. Sacco
Dr. William J. Sacco leads members of his staff through a discussion of a 'Critical Thinking' process during a training session at Sharp Thinkers located in Bel Air.

Blood drive draws APG donors



Pvt. Kristofer Reckner, Company B, 16th Ordnance Battalion, right, looks away as Peter Quamina, left, a medical laboratory technician with the Bethesda Armed Services Blood Bank Center, applies a needle to his vein during a blood drive at the Aberdeen Area Recreation Center May 27.

Story and photo by
Yvonne Johnson
APG News

Representatives from the Bethesda Armed Services Blood Bank Center, Bethesda, Md., held a blood drive at the Aberdeen Area Recreation Center May 27 to supplement the standard quota needed for local hospitals and to support the war in Iraq.

The organization supports the Washington National Capitol Area.

Mimi Swanson, nurse practitioner, said the group travels an average of three days weekly to as far north as Connecticut and south to Quantico, Va.

"APG has been so supportive of the program," Swanson said. Specifically, the 16th Ordnance Battalion and Marine Detachment. They deserve a lot of credit

for their efforts."

Starting the drive off, Staff Sgt. Ruben Bermea, Company B, 16th Ordnance Battalion, marched in 15 volunteers. Navy Hospital Corpsman 2nd Class (HM2) Joshua Porter greeted them and performed the initial briefing.

"We go through a screening process to make sure persons are eligible," Porter said.

Questions concerning medical conditions, surgeries, medications, recent travel or body piercings can help make an early determination of an applicant's eligibility.

"We all share the same blood supply," said HMI Jerri Alexander, the group's noncommissioned officer in charge. "Our priority right now is to ship it overseas to Iraq and Afghanistan."

Retire

From page 2

time with his wife Carol and their family including six grandchildren that keep them busy.

McNamara then introduced Richard T. Conway, a Baltimore native, who began his civil service career in 1965 following two years of active duty in Germany with the U.S. Army.

"He has held a variety of key logistics positions over the years," McNamara said.

His entire civil service career was in the logistics field serving in numerous positions as a supply specialist, branch chief, division chief and as a government representative on the Commercial Activities Studies.

Conway's past awards included the Commander's Award for Civilian Service, Department of Army Award for Superior Civilian Service Award and numerous letters of commendation.

Conway culminated his career as the mobile equipment operator supervisor with the DIO and plans on spending more time with his wife Adele, and their granddaughters.

McNamara introduced Kenneth P. Carey Sr. as "Ken to all his friends."

Carey, a Florida native, retired from the U.S. Army in 1977 after completing 24 years of active duty service.

In 1978, Carey started his civil service career at Edgewood Arsenal in the tire shop. Carey was then promoted to supervisor of Transportation for the Edgewood Area.

Carey received numerous awards during his career including many letters of appreciation.

Carey culminated his career as a carpenter for DIO and plans to get back to refereeing softball and football games.

"As a parent I appreciate your commitment to youth sports as a coach," McNamara said.

Carey also would like to spend more time with his wife of 49 years, Hilda and their family, including 18 grandchildren, and three great grandchildren.

"Finally we can travel together, but I got a honey do list for him," Ms. Carey said.

McNamara introduced Gary L. Lambert, a Havre De Grace native, who began his Civil Service Career in 1972 with the Army Corps of Engineers.

Lambert transferred to APG where he worked as a motor vehicle operator with the Sanitation Branch of the Directorate of Engineering and Housing.

He also served as an artillery tester with the U.S. Army Combat Systems Test Activity, now known as the Aberdeen Test Center.

Lambert has received various awards during his career, including letters of appreciation, commendations and performance awards.

Lambert culminated his career as a motor vehicle operator with the Motor Pool in the Edgewood Area of APG and plans to spend more time with his wife Wenda and their family, including six grandchildren.

McNamara introduced the last retiree, Wayne W. McCarty, a Kent County native, who began his civil service career in 1966 with the General Services Administration in Middle River.

McCarty transferred to the Logistics Directorate of APG in 1981, where he operated the Petroleum Distribution Point in the EA for over 20 years.

He has received numerous awards during his career, which included letters of appreciation, commendations and performance awards.

McCarty culminated his career as a material handler and motor vehicle operator for DIO, and plans to spend more time with his wife Cheryl and their family including five grandchildren.

"I have one last thought, don't forget that family that made your careers successful," McNamara said.

"We wish you good health, happiness and success as you continue into the next phase of your lives," McNamara said.

Collect Striker toys during Bowling for Bucks

Yvonne Johnson
APG News

Through Aug. 31, the APG Bowling Center will be offering Bowling for Bucks, the popular series that allows customers to purchase bowling bucks to buy prizes at the auction party at the end of the 2-month promotion.

Collect Bowling Bucks to purchase one of three 9-inch Striker toys, adorable plush collectibles, available with every purchase of \$5 or more.

In addition to food and beverage specials, music, free or discounted bowling and other specials, customers can bid on a 36" Striker doll, a 7-day vacation package from www.GovArm.com and Trading Places, Harley-Davidson shirts, coolers, any remaining 9-inch Striker toys, bowling parties and more.

For more information, visit the APG Bowling Center; call 410-278-4041; or visit the MWR Web site, www.apgmwr.com.

Soldier

From front page

approaches "a crossroads after 34 years of service."

"I wish I could continue on with you, but I'll be thinking about each and every one of you," he said.

Moten acknowledged the eight Soldiers and 10 NCOs who participated in the competition as well as the staff members, board members and spouses who supported it.

"You are all the best of the best," Moten said.

Each participant received certificates of achievement and leather gym bags. The winners received Army Commendation Medals while the runners up received Army Achievement Medals. In addition, the top winners received \$100 gift certificates from the APG Federal Credit Union and \$50 certificates from AAFES.

The top finishers agreed the selection process, which consisted of written tests, hands-on Common Task Testing and an appearance before a board of senior NCOs and sergeant majors, made for a tough competition.

"This was the best experience of my career and a great honor," said Ortiz, an avionics radar repair developmental test and evaluation NCO from White Sands who also was the NCO of the Quarter for his command.

Accompanied by his wife, Clarissa Acosta, he thanked

RDECOM and his supervisors for their support.

"I thank all of them for their trust and faith in me," Ortiz said.

A satellite communications operator from Fort Monmouth, N.J., Lenon said he felt "elated and relieved."

"The competition was outstanding," Lenon said. "It was tough and strenuous, and I'm proud to have done well for my command."

He thanked his supervisors for allowing him time to study and the RDECOM selection board "for making me feel comfortable."

Sabat, an infantry medic from Baltimore, assigned to the Alabama National Guard in Anniston, said he was "surprised and happy," to hear his name called.

"I'll remember this competition for the great experience I had meeting and getting to know my fellow competitors," Sabat said. "There was a sense of unity and we all helped each other. That's not something you usually find when you're competing against each other."

A clarinetist with the 389th Army Band (AMC's Own), Shannon said that unlike other competitions which require only an appearance before a board, the RDECOM format was "well-rounded."

"With fitness, CTT, written and oral testing taken into consideration, it made for a complete evaluation of every competitor," Shannon said. "That speaks well of RDECOM to run such a complete program

like that."

He thanked the band's Sgt. Maj. David Oberg for nominating him and his active duty wife, who also is in the band, for her helping with his studies.

"This was a family effort, he said. It shows that when you're in the Army, one person's achievement comes with the other person's sacrifice," he said.



Spc. Kevin R. Shewmaker disassembles an M16 as part of the common task testing during this year's RDECOM Soldier of the Year Competition.

Focus

From front page

information network is imperative in the global war on terrorism, Boutelle and other officials stressed. More and more, the fight rests with smaller groupings of Soldiers in squads, platoons or companies. In the past, technology delivered information to division, brigade or battalion levels. Officials are now working to put information in the hands of individual Soldiers, Boutelle said.

"The focus now is getting information to the war fighter on the lowest level as quickly as possible," Boutelle said. "If we're going to win the war on terrorism, that's the way to do it."

And as delivery of technology improves, so does the training and organization of the Signal Regiment, said Brig. Gen. Jan Hicks, commander of the U.S. Army Signal Center at

Fort Gordon, Ga.

The regiment will move from nine career management fields to four, which will require Soldiers to train in a variety of job specialties, Hicks said.

"We'll have automation specialists and radio operators that are going to have to know how to do each others' jobs," Hicks said. "We will have multi-functional signal Soldiers."

The main challenge to improving LandWarNet isn't the availability of technology. It's having enough money to get it, Boutelle said.

"A lot of the resourcing comes in supplements, so it becomes a scheduling issue," Boutelle said. "The challenge is getting the right amount of dollars in the right place. The focus right now is on units going into Iraq and Afghanistan."

(Editor's note: This article is part of a weekly series on the Army focus areas.)



Timothy Wilson yells as Frederi Fredrickson pounds out push-ups during the comedy skit, "Drill Sergeant Gets a Job."

First place winner Easton West sings the Johnny Cash classic, "Folsom Prison Blues," during the 143rd Ordnance Battalion Talent Show at the Edgewood Area Recreation Center April 16. West's partner, Kelly Barr, on drums, is not shown.



Erick Billings does a handstand to take second place in the 143rd Ordnance Battalion Talent Show competition.

Talent showcases 143rd Soldiers

Story and photos by **Yvonne Johnson**
APG News

Singers, dancers, poets and actors highlighted the 143rd Ordnance Battalion Talent Show, an annual event put on by and for the Soldiers of the Edgewood Area Recreation Center April 16.

Lt. Col. Robert Pastorelli, and battalion Command Sgt. Maj. Neslie Etheridge led the

presentation of awards to the participants and winners.

Along with Etheridge, the judges included Maj. Lou Ann Maddox, executive officer; 1st Sgt. Luis Rivera, HHC 143rd; Earlene Allen, Morale, Welfare and Recreation; and Ethel Pierce, battalion secretary.

"Our focus is simple. It's to foster esprit de corps, unit cohesion, friendly competition and fun to help boost the morale of the battalion,"

Pastorelli said.

He thanked MWR, the Recreation Center, AAFES and the Soldiers of Company B for setting up the facility.

Devin Shaw came in third for singing Stevie Wonder's "Lately," second place went to Erick Billings for his high energy break-dancing, and Easton West and Kelly Barr took first place for their collaboration on Johnny Cash's "Folsom Prison Blues."

The winners received

AAFES prize packs, coupons, phone cards and gift certificates. All participants received battalion coins.

Other noteworthy performances included a comedy skit called "Drill sergeant gets a new job," in which Timothy Wilson plays a former drill sergeant unable to adjust to civilian employment because of his "bossy attitude." Another was a solo M-16 drill exhibition to disco music by Joseph Elliott and a Glowstick

performance to Techno music by Michael Chienda.

In addition, Adam Priest visited the past, performing Frank Sinatra's "Fly Me to the Moon," but Elizabeth Reyes stayed in this century, singing, "I'm Not Gonna Cry," by Mary J. Blige.

During the breaks, Drill Sergeants Angelo Pennyamon and Lawrence Johnson kept the audience entertained with skits of their own. Pennyamon appeared in several mixed uni-

forms as a slow-witted private seeking directions from Johnson, his highly frustrated drill sergeant.

Before leaving, 143rd Battalion chaplain Capt. Anthony Taylor led a moment of silence for "fallen comrades" in Iraq.

"These events are really special. They demonstrate what makes this battalion what it is," Pastorelli said.

Laughter reigns at MWR Comedy Show

Story and photos by **Yvonne Johnson**
APG News

The hits just kept on coming. Fans would barely recover from one joke before another one would send them into helpless fits of laughter.

Four comics kept the Aberdeen Proving Ground audience in stitches for the evening as they enjoyed the Morale, Welfare and Recreation Comedy Show held May 8 at the Post Theater.

The lineup included local comedians as well as veteran comics from BET's "DEF Comedy Jam" and "Comic View." They included Big Ben Kennedy from Baltimore, Queen Aisha, Kevin Anthony, and Reggie "Bruh Man" Ballard from the "Martin" and "Bernie Mac" television shows.

Ricky Shackelford, of "Comic View" fame hosted the show that opened with a performance by Erica Martinez and her Double Vision Dancers, Christine Adkins and Bambi Shock. The Trio performed two original songs, "Your Love," and "Dance With Me."

The comics entertained the audience with various levels of humor, focusing on adult situations. Most members of the audience stayed away from the front row seats to avoid becoming targets for the comics' sharp wits.

From the brassy humor of Queen Aisha to the boozy stories of Kevin Anthony, to the loveable bumbling of Bruh Man, a good time was had by all.

The audience included cadets from the Maryland Army National Guard's Free

State ChalleNGe Academy and Soldiers from the 16th and 143rd Ordnance Battalions.

"We really enjoyed it," said Drill Sergeant (Staff Sgt.) Careen Brooks, who along with Senior Drill Sergeant (Sgt. 1st Class) Dariett Patterson, escorted about 60 troops from Company C 143rd.

"We should have encouraged more to come. They love every opportunity to get out of the barracks," Patterson added.

Capt. Kermit Thomas, HHC 61st Ordnance Brigade, added that the entertainment provided a nice break for he and his wife.

"With four kids, we don't get out much. They [MWR] made us feel comfortable close to home," Thomas said.

A group of four females from the Freestate ChalleNGe Academy closed the show

with harmonious songs that brought the crowd to its feet. Sade Jones, 16, Megan Eppard, 18, Tareva Joseph, 18, and Daihanna Laboy, 16, formed the group named "Voices" that even impressed the show's promoter, Satya Harrison, CEO and founder of ISP Hotspot, an entertainment marketing support business.

"I really liked their sound," Harrison said after inviting the group to contact her for possible bookings.

ISP Hotspot is hosting Industry Doors 2004, a show that will showcase local talent for agents and talent scouts later this summer, Harrison added.

"There is so much natural talent in our communities," she said. "Hopefully, this will open doors and offer opportunities to many of them."



Host Ricky Shackelford leaps on the back of Queen Aisha during a dance introducing the comic to the Aberdeen Proving Ground audience during the Morale, Welfare and Recreation Comedy Show held at the Post Theater May 7.

Office Eagle shows appreciation to its customers



Permanent markers and pens, above, and office gadgets, below, are just some of the wares displayed by vendors during the Office Eagle Customer Appreciation Open House.



The customers of the Office Eagle stores on the Aberdeen and Edgewood areas of Aberdeen Proving Ground enjoyed an afternoon of food while checking out new technologies during the Customer Appreciation Open House May 24.

Led by store manager Barry Councill, visitors to the Aberdeen Area store in building 320, helped themselves to a buffet provided by Freda Dunn of Freda's Catering. In addition, guest vendors set up displays to show their wares. They included representatives from Blind Industries and

Services of Maryland, which employs blind workers as part of the Javits-Wagner-O'Day program; Envision Products from Wichita, Kan.; Fellowes; the Mead Company; the 3M Company from Washington, D.C., and the S.P. Richards Company, a wholesale supplier of technical items.

Councill said the annual event is held to show its appreciation for customer support and to showcase new JWOD products.

"We also appreciate the employment opportunities provided to our employees," Councill said, noting that the AA store has five blind associates and the EA store has two.

"They do everything from stocking shelves to taking inventory," added John Grizzel, store manager.

Keith Barnett, director of operations, Blind Industries and Services of Maryland, said the five regional stores include the two here, one at Dover Air Force Base in Delaware and one at Bowling Air Force Base in Washington, D.C.

"They all hold customer appreciation days around the

same time," Barnett said. "It's our way of saying thanks for buying Skillcraft products and supporting the JWOD program."

At the Envision display, Kathie Naeff, associate, showed visitors plastic trash and storage bags.

"The large zip lock bags are popular among deploying troops," Naeff said.

She said that purchases of the items support blind employees everywhere.

"It's a wonderful program in which everybody wins," Naeff said.

Fellowes sales manager Paul Kossack added that Fellowes products are specifically designed to support the Army mission.

"Many of our products found in Office Eagle stores are put there with the Army mission in mind," Kossack said. "You can always expect quality and uniqueness that has value to the customer."

The Mead Company display featured weekly planners and computer headsets while the S.P. Richards Company featured wholesale items not

normally offered such as personal fans, digital photo printers, a rechargeable mouse, USB micro drive and a dual coffee machine.

Representatives also raffled off a SONY clock radio with AM/FM and CD.

Lylis Payne, APG Garrison Property Book, said she frequents the store regularly.

"I go mostly for office supplies but their services are good for things they don't stock. They always try to find it for me," Payne said.



Freda Dunn, left, of Freda's Catering, serves lunch to visitors to the Office Eagle Customer Appreciation Open House in front of building 320 May 24.

National Junior Science and Humanities Symposium students tour APG

Meghan Bowen
APG News

High school science students from more than 16 states toured Aberdeen Proving Ground's research centers and laboratories as part of the National Junior Science and Humanities Symposium co-hosted and sponsored by the U.S. Army Research Laboratory, Research, Development and Engineering Command, and Edgewood Chemical Biological Center April 29.

The JSHS program encourages independent research, and the students are exposed to military research and development that they may not have learned about otherwise.

At APG, two groups of JSHS students toured the Aberdeen and Edgewood areas.

The first group of approximately 27 students were separated into three sections and toured ARL.

Students learned about the Army's weapons and materials research whereby engineers

and scientists at ARL are developing advanced, lightweight materials for use in protecting the Soldier as well as advanced armors, armament technologies and unmanned ground systems.

In one station, the students tried on 'Outer Tech Vests' and helmets, where they learned about small arms and personnel threat projects.

"How fast does a bullet travel?" ARL researcher Maj. Dan Rusin asked three students wearing vests.

"A bullet travels about four football fields a second," Rusin said trying to give students a perspective of what researchers had to consider when designing the vests.

Another station showed students how ARL researchers are working with polymer to make gun barrels lighter for Soldiers.

Students who toured ARL also learned about human research and engineering which studies cognition in vision, audition, and stress measurement to find how to better support the decision

making process of a Soldier receiving vast amounts of data in the battlefield environment.

The Silent Operating Aerial Reconnaissance (SOAR) station showed students models of small black airplanes that travel at 160 feet per second and collect data for lower troops in the field.

"The SOAR uses tiny air puffs while going through the air to change directions while being directed by remote control from the ground," said Michael Nair, ARL researcher.

Students then traveled to ARL's Tactical Environment Simulation Facility, where they wore 3-D glasses and went through a ground movement simulation through a 13-acre field.

While some students toured ARL, approximately 70 other students toured ECBC where they observed personnel engaged in engineering and prototyping, personal protective equipment design, and advanced chemical and biological agent detection research.

A major goal of the JSHS



Photo by DOUG LaFON
Students from the National Junior Science and Humanities Symposium receive a 3-D sensory experience at the Tactical Environment Simulation Facility, a facility of the Army Research Laboratory's Human Research and Engineering Directorate April 29.

program is to encourage America's high school students to develop an interest in and affinity for the sciences, mathematics and engineering. Maj. Gen. John C.

Doesburg, commander of RDECOM and APG, helped present honors to the students at the JSHS awards banquet at the end of their four-day symposium May 1 in Hunt Valley.

The top six winners received \$16,000 in military-sponsored scholarships and an expense paid trip to the London International Youth Science Forum for their research.

Lightning kills - playing it safe

Lisa Young
CHPPM

In the United States, lightning hits the ground about 40 million times a year, and for the last 40 years has been the second largest storm killer. Approximately 100 people are killed and another 300 are injured by lightning each year, according to the National Weather Service Publication. Lightning kills farmers, golfers, and fisherman most frequently.

Lightning occurs in all thunderstorms although it is not always visible and is most common in the summer

months and in warm moist climates.

Lightning is created as a discharge of built-up energy when the difference between the positive ground charges and negative charges in the cloud overcomes the resistance effects of the air. Thunder is the sound of the shock wave produced by the rapidly expanding hot gases that surround the lightning bolt.

Lightning can strike 5 to 10 miles away from the center of the storm. Many victims are struck as the current moves in and along the ground.

To determine the location

of the thunderstorm, count the number of seconds between the flash and the rumble of a clap of thunder, and then divide the number by five. This is approximately the number of miles away the thunderstorm is centered. A person that can hear thunder is in the lightning-strike zone and precautions should be taken immediately.

Many injuries can be prevented with proper education, lightning protection systems, appropriate shelters for safety, and lightning safety plans for coaches, parents, and referees at sporting events. Adults are

always responsible for the safety and injury prevention of children in their care.

If a person is struck by lightning, medical care may be needed immediately, including CPR. Cardiac arrest and irregularities, burns, and nerve damage are common. Injuries can also be debilitating and long-term.

An organization to help survivors, families, and health care providers is called Lightning Strike and Electric Shock Survivors International, <http://www.lightningstrike.org/index.html>.



Lightning safety tips

- Find shelter, with the best place being a building - a car is not safer than a building.
- If outside, get into a low-lying area without water.
- Have the least contact with the ground as possible - squat low to the ground with head between the knees and hands on knees.
- Don't crouch next to anything tall, since lightning hits objects that rise up from the ground.
- Stay away from anything metal, like golf clubs, bats, fishing rods, or umbrellas.
- If indoors - stay away from windows and doors; do not use telephones, shower or bathe, or wash dishes - water, electrical wires, and metal pipes conduct electricity.
- Wait at least 30 minutes after the last clap of thunder before leaving shelter.

ARTS & CRAFTS

To register for classes held at the Edgewood Arts & Crafts, building E-4440, 410-436-2153, call or visit during hours of operation or at MWR Registration, building 3326, 410-278-4907/4011.

Ceramics

This basic ceramics class teaches the fundamentals of mold pouring, glazing and painting, 10 a.m. to 2 p.m., July 10. Cost is \$15 including supplies.

Woodshop Orientation

The woodshop orientation is a safety course, required in order to use the woodshop, 9:30 to 10:30 a.m., July 10. Cost is \$5.

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